

†TU' †LWEMA - Old Age	
Gheli ghi li nin fayt† i fayn i fayn ta ànena nin dv̄ayn ndu. No ifel† i dv̄ini a beŋs† a f† a wul† n† fel† ateyn nin ghi si k††† nge's† si dv̄inisi †tu' i dv̄ayn no mi a dzi i kà:iye't† a ghêl, keli wi †kwo, nkèyn ikuni, †wuyn i bi, k†mi n† a li a. K† nò ifayn i nge's† †tu' †lwema n† si fayt† bebs† ki nò gheli a ikfà't† n† njwô †wùyn n† ànena- ajen a dv̄ayn bul a †tu' i dzùyn i gv†.	Many people have a tremendous dread of growing old. A great deal of activity during the working years is aimed at preventing as many of the problems of old age as possible: dependency on others, lack of money, boredom, ill health, and so forth. The very fear of the problems of old age often make mental and physical wrecks of people -- they become old before their time.
Mba't† F†y†ni† n†n ghi na †tu' i dv̄ayn na ghi †lvi i j†† a wul† a nch†n†. Iwo i F†y†ni† n†n dyèyn na †tug †lwem† li a wu na keli †chf†n†, bu fel† iwo, keli àdya', f†yn i w†, f† keli †san†† yi bem ki tèyn, k† †lvi ta ifayt† i ba't† antèyn† àyv†s n†n l†e meyn li alè' a beŋs† ngwa' i wul†.	God's Plan is that old age be the crowning glory of a person's lifetime. The Word of God shows that old age can have promise, productivity, vitality, confidence, and a great deal of happiness, providing that spiritual preparation has taken place during the younger years.
Ta Nwà'l† F†y†ni† n†n gwo†† Beŋs†	Age Divisions in the Bible
Nwà'l† F†y†ni† n†n dyèyn na dz†s† n†n ghi si t†l ta ghi gwò†† ndù n† beŋs† ateyn.	The Bible indicates that there are three broad divisions of a lifetime.
†tu' ngwa' i wul† n†n ko' chem a beŋs† 40. Mos†s n†n l†e z† si yeyn na wù n-keli iwo yi to si n† si gheli †s†l†e n† Bôbo ghi b†† 40, †f†l i Gheli Ntum 7:23. Wu fi li i kfeyns† beŋs† 40 i tu nge† i †weyn, tèyn, j†e ta ka wù na t†s† †s†l†e. À n† ghi a beŋs† 80 si chem a 120 ta wù n† †f†l i bemn†-i n† †weyn.	The period of youth lasts up to about 40 years of age. Moses began to sense his responsibility to Israel and to the Lord when he was about 40, Acts 7:23. He spent 40 more years in training, however, before he became leader of the people of Israel. It was during the years from 80 to 120 that he did his great work.
À n-ghi a †f†l i Gheli Ntum 4:22, ghi chu' wul† i l†umn†, gheli Sanhedrin i n† k†† si yvi a †weyn i chf†. No mi t†, "wul† n† wèyn na ghi b†† m†v†m †n k†e ta ghi n†n l†e n† iwo i kayn†-i i k†m †chu' s† †weyn", yi dyèyn na wù n† ghi ma wù lema ghè'n† si n† kya iwo z† a yi n-g†yn.	In Acts 4:22, a man is healed and the Sanhedrin wanted to ridicule his testimony. However, "the man was above forty years old on whom this miracle of healing was shown", indicating that he was mature enough to know what had happened.
À n-ghi a 1 Timot† 4:12, Bòl i nyà' na, "ka wul† i kesi v† ta w† n-bu ghi ki ngwa' i wul†. Timot† n† ghi a beŋs† m†v†m †n tal n† †weyn †tu' n† gh†yn.	In 1 Timothy 4:12, Paul writes, "Let no man despise thy youth." Timothy was in his thirties at the time.
†tu' ta wul† n†n ghi antèyn† antèyn† idv̄ayn si z††† a beŋs† 40 si chem a 60. À n-ghi a 1 Timot† 5:9, wi nkf† vz† a wu n-ghi beŋs† 60 ma wù kfa meyn si †f†l na ghi l†v̄ayn si fu si mès† nge† i †weyn ifel† i j†m a to't† chòs. Gheli gh†b†mini ghi dv̄ini n† ghi fayt† f†l nò si a ††† ta ànena si ghi antèyn† antèyn† a beŋs† idv̄ayn. Ngayn ndò F†y†ni† na tò' keli †fel† i bemn† si z††† a beŋs† 30 si chem a 50.	The period of middle age last from about 40 to 60 years of age. In 1 Timothy 5:9, a 60-year-old widow's retirement was into a full time ministry of prayer supported by the church. Many believers hit their top pace in the middle years. The high priest's work load was heaviest between 30 and 50.

<p>ƒtu' ƒ dzuynn nɛn ghi si a bɛɛsɛ 60 si nà ndù asi. À n-ghi a Daniyèl 12, Daniyèl wu ghi bɛɛsɛ 90, ghi bɛ sɛ ɲweyn na ka wù na fi ku tɛyn wùl a wù si ghi ma wù kfi meyn, na wù lali nà ndu à. À n-ghi a Lûk 2:36-38, wul ƒ wi ma wù fayti meyn ƒ lema (84) nà ghi faytɛ fèlɛ kɛ nô ƒ feli sɛ Fɛyini fi.</p>	<p>Old age is the period from 60 on. In Daniel 12, Daniel, at age 90, was told to stop acting like a dead man and to get going. In Luke 2:36-38, a woman of great age (84) was very active in serving the Lord.</p>
<p>Mìdzɛtɛ Mì ɛchi ɛn Lì kùm ƒtu' ƒ dzuyn</p>	<p>Some Principles of Old Age</p>
<p>ƒtu' ƒ dzuyn nɛn ghi ƒku dzɛ a ɛkfà'tɛ kàmi nɛn iwo ɛ dzɛ a àcha' ƒwùyn. Gheli nɛ ghi nà wulɛ à ƒlvi ta wà nɛn bɛ iwo kùm ƒtu' ƒlwema. Si ba'si si iwo kùm ɛ kfi, ghi nɛn nyanɛsɛ bɛ ƒ wɛ iwo kùm ƒtu' ƒ dzuyn. Dzisi nɛn dvɛ kɛ tɛyn a gheli nɛn mòmsi si tɛyɛntɛ nɛ ƒtu' ƒ dzuyn ateyn. Àɲena nɛ ghi nà yisi mɛyisi kɛ si ƒ dvɛ nɛ si nà ke'à ƒ ku ta ghi bù lèma. àɲena nɛ ghi nà mòmsi si na jeli à sɛ yàysɛ ƒ nkɛyn ikunɛ si fi si nà ku na ghi nɛn nɛ iwo. Àɲena nɛ ghi nà lɛ ƒfwo ma ghi fayti fayti nɛ àwo a li a si tɛyɛntɛ nɛ ƒtu' ƒ dzuyn.</p>	<p>Old age is a mental attitude as well as a physical problem. People shudder when you discuss old age. Next to the subject of death, it is the least favorite topic. There are many ways people try to postpone old age. They try various products to keep on looking and feeling young. They try traveling to relieve boredom and to give a sense of fulfillment. They use gadgets and programs to postpone old age.</p>
<p>Mìti, wul ƒ se si nà kwo lemâ ndù ta wul ƒ bimini, a ɛchi na kwo jofi gvɛ ƒ jofi! Mbà'tɛ Fɛyini nɛn be chwô no mɛ ɛnki nge' ƒ kà ta mbzɛ yɛyn li a yi gvɛ nɛ nyeyn. Mitì, ta ka wul sɛ a mbà'tɛ nà ghàyn, wul nɛn keli yeyn si keli ɛbɛ si fi si fsɛ Chrsit si a mbɛsɛ. Tɛyn, wul nà wɛyn nɛn keli si nà fsisi ɛye' ƒ a Nwà'lɛ Fɛyini kàmi mɛnchi ɛn jɛm nô si a bɛɛsɛ si nɛ na yi na boynɛ à ta ka wù na faytɛ keli afo a juɲ àno mɛ achi à kà. Ta mba'tɛ Fɛyini kùm ifu ƒ atem a juɲ à nɛ ɲweyn nɛn ghi, yi bɛ kɛ iwo kùm ifu ƒ atem a juɲà kùm ɛkfi, mɛnchi ƒ ngo'sinɛ a wa a nchɛnɛ nɛn keli si nà fom chwô no mɛ ɛn kà.</p>	<p>But, the older one becomes as a believer, the better life should become! God's Plan is bigger than any problem this life can produce. Of course, to take advantage of this plan, a person must understand Salvation and receive Christ as Saviour. Then, the individual must get Bible teaching every day over a period of years to make it possible to obtain the maximum out of every day of life. According to God's Plan of Grace, which includes the concept of Dying Grace, the last day of your life should be the best.</p>
<p>Mitì gheli ghi lemani ghi li ta ghi n-koynsɛ kè' layn nɛn ghi kàlitɛynsɛ. Àɲena nɛn ghi tɛyn ta fɛngé' ƒ fu nge'. ƒtu' ƒ ngwa' ƒ wul nɛ 'àɲena nɛn bu fi ghi wi a fu si nà lof kɛntɛ àɲena. Ghi si yeyn kɛ àɲena lviyn si iwo a fi a yi n-ghi a àɲena antɛynɛ bula ghi fi kem lɛmtɛ ta yi nà ghi ƒtu' ƒ ngwa' ƒ wul. "No mɛ ti a ta wul nɛn kfa'tɛ a ɲweyn item, wul n-ghi kɛ tɛ." Ghi nà nyanɛsɛ bɛ na ƒtu' ngwa' ƒ wul nɛn ghi ƒtu' si nà môm awo a bi-a bu tò' zɛ wɛ ateyn, miti wul ƒ se si lema ƒtu' ƒ ngwa' ƒ wul bù na fi ghi si kɛntɛ. ƒtu' ƒ dvɛyn nɛn dyeyn fviɛsɛ njasi nô sɛ jɛm tɛyn taawo kɛ a wul bu kòɲ wɛ si visi, iku ƒ bzɛ-i, nɛ ƒfœ ta yi nɛn li àlè' antɛynɛ àyvɛsɛ.</p>	<p>But some of the most miserable old people around are Christians. They are cantankerous and obnoxious. Their youth is no longer there to protect them. They are seen for what their souls really are, without the camouflage of youth. "As a man thinks in his heart, so is he." Youth is excused for bad behavior; but youth is no longer there to cover up. Old age exposes all the faults, habits, obnoxious characteristics, and degeneracy of soul.</p>

<p>À na ghi ta foyin solomùn chem itu' i dvìyn, wu nyà' Ikàlìsiyasitìs, i nà keli itebtì sè ñwa' i wùl. Ngwà' i wùl i lè a wù ba'ti lvìyn sè nà keli itu' i dvìyn isanlì-I ghi ateyn. Isanlì-I nìn ghi wi a ifèl i ghi wi ta wùl i kfa sè ifèl, yi n-ghi wi ta wùl i kè' a dzì afèyn kèsa a zè ti. Nkàyntì isanlì nìn ghi kè ta wùl nì lema ta kilitèyn, kolâ fitàm fì Áyvis, fèlè a dzì ikfà'tì nì Fìyìnì fì, keli afo kè afo kè a wù bà'lì nge' i ñweyn antèyn nì kè ghi a jûn-keli ijôf yi ghi dzì a antèyn nì.</p>	<p>When King Solomon reached old age, he wrote Ecclesiastes; and he has some advice for youth. A young person can prepare now to have a happy old age. Happiness is not in working, and it is not in retirement; it is not in this diversion or that. True happiness is in Christian growth, the production of the Fruit of the Spirit, operating on Divine Viewpoint, having a healthy edification structure in the soul -- having the inner beauty of soul.</p>
<p>"Wa sanlìà O wyandà- ikùn!" Kìj dzi sè nà sanlì-à ta wà nìn bu ghi ngwa' i wùl". Wà kà' a wà bè'i isanlì i zæ nà jeli kalì nì ñweyn nì, isanlì zè a yi n-ghi dzì antèyn nì ikfà'tì i ye'ti wè ghi yeyn kè iwo I Fìyìnì, isanlì ye'ti wè ta awo nìn ku, ye'ti wè awo ta kè nìn gàyn, a ghelì, kèsa mîwólì mî nchîn. Iyeyn nà yèyn nìn lè i wùl i ndû nì ñweyn ta ka wù keli itu' i dvìyn wu fom bema.</p>	<p>"Rejoice, O young man!" "Find happiness when you are young." Then you can carry your happiness around with you, the inner mental happiness found in the Word of God, a happiness which does not depend on conditions, circumstances, people, or the details of life. This leads to a marvelous old age!</p>
<p>Ì vîsì atem à kya na nì wa sanlì-a itu' i ngwa' i wùl nì vâ". A wà nì na nù wè itu' i dvìyn, a itu' i dvìyn na ghi itu' fom chwô no mî ghà. Inkì I wùl i nà yèyn n-ghi fîngwan fî mbzi itu' i dvìyn nì ñweyn, kè nò i wùl i two isas I ndo nì kilitèyn sè.</p>	<p>"And let thy heart cheer you in the days of your youth." Then you won't fight old age; old age will be the best age of all. This type of person is the salt of the earth in his old age, an aristocrat of the Christian family.</p>
<p>"Jeli a dzisì atem nì vâ." Lvìyn ngwa' i wùl vzè a wù lîmsi ngen i ñweyn antèyn nì iwo I Fìyìnì wu nì lè iwo I Fìyìnì sè nà chî ateyn. "ta wà n-yeyn a wa asì". Sè lè iwo I Fìyìnì sè nà chî ateyn.</p>	<p>"Walk in the ways of your heart." Now the young person who is immersed in doctrine uses the Word of God in living the Christian Way of Life. "In the sight of thine eyes." The application of the Word of God to experience.</p>
<p>"Mîti wa kya na Fìyìnì fì làè lè i vâ i gvi nì vâ asì a nsa', bòm tèyn, cho' jìsì ikoynsi ikè' sè a wa nchîn, i jìsì mà'l nchîn i bî sè wa njwo iwùyn". À keynà nìn ghi àlînsi a nsa', iboynsi, nì ife'ti fvìsì mbi, nì lè I tichfîn.</p>	<p>"But know that God will bring you to judgment; therefore remove sorrow from your heart, put away evil from thy flesh." This is a picture of judgment, chastisement, confession, claiming promises.</p>
<p>Bòm teyn, itu' ilwema, nìn ghi ìku dzì ikfà'tì ma wùl i bà'lì kò' ta wù n-chi kò'. Ta wùl nìn lema kò' ta wùl i bîminì, ichi nìn keli sè nà kwo jofì ti jofì. Isanlì itu' i dvìyn nìn ye'ti na wùl i bà'lì kò' ti a itu' i ngwa' i w[ul nì itu' ta wù nìn ghi antèyn nì antèyn nì a wùl.</p>	<p>Therefore, old age is a mental attitude developed during a lifetime. The older one becomes as a believer, the better life should become. Happiness in old age is dependent on what is built up during the previous years of youth and middle age.</p>
<p>Nge'si itu' ilwema</p>	<p>Problems of Old Age</p>
<p>Ta wà nìn jàn kàlì nì awo kèynà a ghi lèm kalì kûm i nge' sîsì a sè nìn gvì itu' ilwema, ikfà'ti i zæ na bèynlì iwo I Fìyìnì i nà fì fì kfa'ti no mî àfvì iye'i "sì chù" à kà ta kè n-ghi no mî sè a</p>	<p>As you read the following listing of the problems of old age, meditate on the Word of God and try to think of the doctrinal "antidote" for each problem. The prescription will be</p>

nge' ì kà.	given in the succeeding sections of this article; but try finding answers in your own repertoire of doctrine.
<ul style="list-style-type: none"> • itu' ìlwema li a wu ni a wùl na bu fi faytì kfà'tì wì. Yi kà' yi gayn bòm ta ìwuyn ì wulì nìn boli. Ma yi kà' yi fi gàyn ìlvi ta item tí nà ghi ma ghi ma'i meyn, nò ìlvi ta ghi tí nà ghi ma ghi ma'i meyn iwo I Fiyini, a ikfa'tì-I na bu fi faytì ghi wi a jûn. 	<ul style="list-style-type: none"> • Old age may bring on a lack of mental sharpness. This can occur because of physical debility. Also, if the mind has been neglected, especially if the Word of God has been neglected, there will be a failure of the mentality.
<ul style="list-style-type: none"> • À n-ghi itu' ìlwema, wùl ì kà' a wùl bìla a dzi a fi a wùl nìn ki mbzì ateyn kûm mîdzitî mzì a wùl nìn jelì ateyn wu tîm yi. Wùl ì kà' a wùl kasì ì ki ibàm ta wù chi kò' chîl ki na ichi nò ì jîm nìn ghi ìfe. À li a à na ghi ma wù ti meyn lem kò' nì mîwolì sî nì, na sî ghi ìdvîyn buila iwo kfeyn. Yi bôynì ki tèyn ta ka nkèyn ku mèsì nweyn. 	<ul style="list-style-type: none"> • In old age, there can be a disorientation to life from the standpoint of success standards. A person looks back and regards life as a failure. Maybe he set goals, and now he is old and never realized the goals. There is a great danger of disillusionment.
<ul style="list-style-type: none"> • Yi n-boynî ki teyn ta ka mbisi ìkfà'tì ì kfeynsi kfeynsi itu' ì dvîyn na wù sî kan ki kan awo fi sa'tì à. Awo nà kèynà nìn nì ghi nà to' zì ndû ì wì ateyn itu' ì ngwa' ì wùl, mîti ki n-bem no abi sî ghîlema. 	<ul style="list-style-type: none"> • There is a tendency for great increase in mental attitude sins in old age, with emphasis on criticism and judgment. These things are often overlooked in youth; but they are horrible in the elderly.
<ul style="list-style-type: none"> • À na ghi itu' ì dvîyn wùl ì bosì ghi wi ghi nò ìlvi ta ghîlma nà ghèyn li ghi bù tò'nè nì ngenjì àjena a dzi ìkwo. Woyn a àjena nìn ghi ki nò itu adya' nì àjena mîti se sî ba'tì àjena bù we àjena a mbà'tì ateyn. 	<ul style="list-style-type: none"> • There is often a lack of security in old age, especially if the old people can't take care of themselves financially. Their children are in the prime of their lives and often the children's plans do not include them.
<ul style="list-style-type: none"> • Itu' ìlwema li a wu ni a wà na bu fi kya wi sî ki sî lamti iwo, lesì à, kya wi sî bèysì, sî yvèti, sî yeyn.. Tèyn wùl ìlwemà nî wu li ìlvi sî nà du'a achi zì ì wì iwo, yvìlì ki yvìlì, bè wì iwo. 	<ul style="list-style-type: none"> • Old age may bring an inability to concentrate, forgetfulness, inability to converse, to hear, to see. So the old person gets used to sitting in a chair daydreaming, vegetating, saying nothing.
<ul style="list-style-type: none"> • À ni a nà ghi kîmî ìlvi fî li wu nà kya wi na zì fî chí ì nò mbzì sî jleì ti a, a dvèti kî mîlvi ta wùl nì nî wì iwo ateyn, a dvèti kî ìlvi sî nà dîmlì à. Wù kà' a wù na kònj ki nò sî 	<ul style="list-style-type: none"> • There is sometimes a lack of motive to live, too much idle time, and too much time for complaining. There may be a desire to travel but no means to do so. So there is a lack of significant things to do.
<ul style="list-style-type: none"> • itu' ì dvîyn nìn gvì nì alîmalîma kûm libis. Itu' ìlwemâ nî wu nà bu fi kunî wì nì àjân a woyn-nda nì woyn ì woyn. Bòm tèyn wà kà' a wà zèti iwo I li yi n-ghi fan ì fan sî nà kan chwôsì awo. 	<ul style="list-style-type: none"> • Old age brings future shock. Old age finds itself out of phase with the younger generations of children and grandchildren. Therefore a dangerous trend can get started toward hypercriticism.

<ul style="list-style-type: none"> Wùl ì bìmìni ìlwemtìni lì a wù na sì ghì ma wù timi meyn sì nà lemâ àbàs ayvis, kèsà ibemni-i, wù kà' a wù na ghì bula wù timì zìtì. Bòm tèyn, wù n-yì wi sì lema, bula wù ghamtì a Christ, ì kôn ì wì iwo I Fìyìnì. Wù kà' a wù na sì ghì aley sì nà sì tì kè alè' à mò', sì nà sì chyè' ndù à, sì nà ye'tì iye'i ma wù nìn læ keli nô ìtu' mu. 	<ul style="list-style-type: none"> The older believer may have stopped growing spiritually, or worse, may never have got started. There is, therefore, no edification, no occupation with Christ, no desire for the Word. There is a tendency to stagnate, to become jaded, to rely on the study done years before.
<ul style="list-style-type: none"> À ka' a wù na sì ku ndû sì na lum kè'nì kì ke'nì no mì ghà taytsù 2:3, bè àwo a gheli atu kì ghì wi, lêm ì ku ìghòn, tanjì àwo a bì a, kan gheli a dzi sì bebsì. 	<ul style="list-style-type: none"> There can be a tendency toward the negatives of Titus 2:3, becoming false accusers, gossips, evil speakers, vicious in criticism.
<ul style="list-style-type: none"> Iwo I li nìn ghì antèynì nì gheli ghìbìmini ghilemtìni ta ka ghì na nyvi chowsì m̀l̀l̀' bòm ta àjena bu fi keli wi iwo ta yi nìn ndû sî àjena. 	<ul style="list-style-type: none"> There is a tendency among older believers to drink quite a lot when they don't have anything else going for them.
<ul style="list-style-type: none"> Teyn, iwo I li fi ghì kìmì nà wà na sì kfa'tì na ta wà lemti meyn wà sì keli ìtof I li. Tèyn wa na sì tanjì ì chwosì-à ghì ta wùl ila' ì ngantìni, wu lum ghì m̀l̀l̀vì ìn jìm ì tanjì kì tanjì ì nî à ì nkèyn ku gheli ghì a ghì nìn yvìtì m̀l̀l̀vì ìn jìm 	<ul style="list-style-type: none"> Then, there is the tendency to think that getting old means that a person has some wisdom. So there is the garrulous senior citizen who never stops talking and inflicts continuous boredom on his listeners with his platitudes and homely chatter.
<p>†tu' ìdvìyn a dzi Fìyìn ma wu luyn meyn nì ifu i atem a jun à.</p>	<p>A Godly and Grace-Filled Old Age</p>
<p>Sì zì ìtu' ì dvìyn wùl ì bìmìni vzì a wù ghè'nì I bimi nìn kfà' wì kfa' iwo kùm ìbœ I ñweyn, wu zì ìtu' ìlwema ta wul ì bìmìni faytì kya àwo fì felì fìsì àwo. Wù n-faytì kya mesì iwo kùm ìbœ nì ichì ayvis i. Wù n-kya sì nà lì tichfìni tì Fìyìnì sì sì a ngej. Wù n-faytì kya iwo kùm ànjìj, ma wù fi meyn toynì antèynì nì a li a, ì nà kì ndû asì sì tìmôm tì liti. Wù n-gvìtì no mì sì a nìjìj à nì isanjì-I ìtu' ìdvìyn.</p>	<p>Coming into old age, the mature believer is assured of his redemption; and he comes into old age as a knowledgeable, productive Christian. He understands both salvation and spirituality. He knows how to claim promises. He understands suffering, has lived through some of it, and looks forward to greater tests. He is ready for both suffering and happiness in old age.</p>
<p>Wùl na wýen nì zì ì gvì ìtù' ì dvìyn gvìtì sì nà chí iwo I Fìyìnì. No mì ikfa'tì I ñweyn n-sì ghì ma yi bœ meyn kè nô ta m̀d̀zìtì m̀ Rome 12:2 n-ghì. Wù n-yeyn kelì na ñwà'lìsì n-dvì kì tèyn, m̀tì a to kì ì mò', ikfa'tì I Christ, iwo I Fìyìnì.</p>	<p>This person comes into old age able to apply the Word of God to experience. Even his mind is saved, according to the principles of Romans 12:2. He realizes that there are many books, but only one Book, the mind of Christ, the Word of God.</p>
<p>Wul ì bìmìnìni vzì a wù n-lemtì n-lì iyvìtì ibimi sì chi ateyn. Ta ìwuyn ì ñweyn nìn boli ndù, ichfìni 2 Kòlin 4:15-17 ì yeynì nìn ghì.</p>	<p>The elderly believer uses the Faith-Rest principles of life. While the body is getting weaker, there is this promise of 2 Corinthians 4:15-17.</p>

<p>"Ghəs nın bımı sı yeyn nge' nà yèyn sı a yi a njùn ta kata ka Fiyini fi na dyèyn àtem a junà sı gheli sı idvı sı idvı, a gheli kası ı nà fu àyònnı ı kogsı ı nfeynfı dvı kı tèyn. À ti iwo zı a ghès nın boli wi sı nà nı ifèlì nà yèynı. No mı ta njwòsı ıwùyn nı ghès nın boli ndû, Fiyini fi nın fu àdya' sı ghès a mıtèm kı mılvi ın jım. Nge' sısı a ghès nın yeyn lviyn nın kumı ghi kı a nfam, ghi kı sı a fıleñnı fi ilvi tèyn. Nge' nà sèynsı nın ba'tı ghès sı a njùn ı gha'ni a fı a yi n-gvı, ghi wi sı lè sı mæ, ma ghi kà' ghi bu lè fe'nı nge' nà sèynsı nı njùn àteyn.</p>	<p>"For all things are for your sakes, that the abundant grace might through the thanksgiving of many redound to the glory of God. For which cause we faint not; but though our outward man perish, yet the inward man is renewed day by day. For our light affliction, which is but for a moment, works for us a far more exceeding and eternal weight of glory."</p>
<p>Dzı zı a ttu' ı dvıyn ı scenı nı ghi ateyn</p>	<p>Characteristics of a Beautiful Old Age</p>
<p>Kası kı ılwè' ı Nwà'lı Fiyini wèyn tèyn ta ka wà yeyn ıchfıtı kı nò a Nwà'lı Fiyini nın fe'tı ta ttu' ı dvıyn lı a wu na so ateyn fı felı fı sı ıwo.</p>	<p>Review the following scripture passages to get a thorough understanding from Bible examples just what an exciting and productive old age can be like.</p>
<p>À n-ghi a 1 Timotı 5:5-10, achfıtı a wi ı nkfi ı lı a nın ghi afu ta wù n-ghi sı nà chi ta wı ı nkfi kı nı ınyıñ. Mıtı, wùl ı wi nà wèyn nın samsı Fiyini, lı tıchfını tı Nwà'lı Fiyini, ghi mı ılvı gha jèm kı jem. A ghi wi ı nkfi "ghi tanı a jùn kùm ta wù n-nı ifelı ı jun ı" wu bebsı wı ttu' ıdvıyn nı njweyn.</p>	<p>In 1 Timothy 5:5-10, there is the example of a widow alone who faces the occupational hazard of widowhood in loneliness. However, this woman trusts in God, uses the promises of the Bible, and keeps on praying. A widow who is "well reported for good works" is making the most out of old age.</p>
<p>A n-ghi a Ifelı ı Gheli Ntum 11:36-43 a n-ghi fıtıtı fı Dokàs, "ma wù luyn meyn nı ifelı ı junı" faytı fı sısı gheli ghi gvini, ma "wu su meyn ıvı gheli ghi njwa'ni" faytı ı ndzisi, gamtı ıghi a ghi njıñ ta wù na kya sı tò'nı nı gheli, ı fı felı fı sı njùn a dzı Fiyini. Wu sı ghi wu sı kya sı ku no mı iwo ı kà a chını.</p>	<p>In Acts 11:36-43 is the story of Dorcas, "full of good works", given to hospitality, who "washed the saints feet", made garments, relieved the afflicted with her nursing skills, and was a producer of divine good. She had mastered the details of life.</p>
<p>A n-ghi 1 Timotı 2:1-2 ghi n-fè'nı dzı zı a ghılumnı ghılemanı Fiyini fı nın ghi ateyn. Àñena nın keli sı nà keli atem kı kè' a jùn, ghi a àñena itof, ikfa'tı-i nyanı ı, nı chinı yi fı sı Christ, ma ghi kunı meyn no mı a gha a nchını (shıñ wi), "ghi a jùn a ıbımi" to àbàs ayvıs bòm ıye'i, mbısi ikfà'tı ı bu fı fu wi nge' sı àñena tèyn ta akfıyn, àñhè', ıchef, keli wi ikôn ikfà'tı.</p>	<p>In Timothy 2:1,2 there is a discussion of the characteristics of godly elderly men. They are to be healthy minded, alert, sharp, with Christlike character, masters of the details of life ("temperate"), "sound in faith", having spiritual healthy because of doctrine, being free from mental attitude sins such as bitterness, envy, hostility, having mental attitude love.</p>
<p>A' n-ghi a 1 Timotı 2:3 ghi lèm kalı nı dzı zı a ghıkı ghi a ghi n-chi nchını Fiyini n-ghi ateyn. İjof ı àñena bayn fı dzı antèynı fı sı ıbayn ı njwà' nı Fiyini fı. Àñena nın wam wi awo a gheli atu, kèsa wulı à ta ghi n-bè awo a bı a kùm gheli, tanı wı itanı ı bzi, kèsa lèm ı kùghòn, kèsa</p>	<p>In Timothy 2:3 ff are listed the characteristics of godly older women. Their shining inner beauty reflects the glory of God. They are not false accusers or guilty of maligning, evil speaking, or gossip, and they are not vindictive. They are also temperate and able to teach good</p>

<p>keli ìkfa'ti i bzì kùm gheli.. àḡena nìn lunlî ì wì fì ghi ndyèynsì sî awo a juḡ à sî woyn-da-ngòynsì. Àḡena nìn faytì kya àwo fì keli ìtof bòm tēyn woyn-da ngòynsì ì na kōḡ sî nà yvitì sî àḡena. Àḡena nìn ye'î woyn-nda ngòynsì na àḡena na keli mitem ìn jùḡ, nè'à wi iku, faytì kî àwo àtì-ati, ghalì ngeḡ, tisî ngeḡsî àḡena, njwosi ìwùyn sî fu wi nge' sî àḡena (keli wi i lîḡ a nchîḡ), njîlî chî wî chî, fì ngvîmlî ìlum ì àḡena.</p>	<p>things to the younger women. They had skill and wisdom and had the willing attention of younger women. They taught the young women to be healthy minded, emotionally stable, to have sound judgment, to be poised, in control of themselves, thoughtful, to be free from carnality ("chaste"), to be morally good, and to respond to their husbands.</p>
<p>Antèynì awo nà ghàyn a ghi fè'nì tēyn, awo nìn dvì kî tēyn sî nî ìtu' ìdvîyn, ìtu' ìdvîyn lî a nà ghi ìtu' adèḡ, a tò' ghi wi na wà kasî ì nà "chî nchîḡ ì mìnchi mî njùḡ mzi", mitì sî nà faytì yvî kî nô ìfom i lvîyn nî libîs.</p>	<p>From these illustrations we conclude that there is plenty to do in old age, that old age can be a golden age, not necessarily in reliving the "good old days", but in actively enjoying the present and the future.</p>