lyv î t ì i b i mi	Faith-Rest
Sɨ zɨtɨ	Introduction
Iwo ì mò' ta yi lum ghɨ kɨ ghɨ a nchînɨ nɨ wùl ì bɨminɨ n-ghɨ ì mômsɨ. Ghesɨnà n-chî ambzɨ ma yì fe meyn, anôyn kɨ ti wi, antêynɨ nɨ ghelɨ dzɨ zɨ a àŋena n-jèlɨ ateyn n-ghɨ a tisɨ Satàyn nɨ mɨni mɨ mbɨ nɨ àŋena. Ghesɨnà kà' ghɨ bû bàs àntâysɨ, ànùsɨ, nɨ ìkê'nɨ-i zɨ a yì n-fvɨ ateyn. Mɨwolɨ ɨ mbɨ n-kolî ghesɨnà kɨ mɨchi ɨn jɨm, awo ateyn a gvɨtɨ gvî a ghesɨnà atu bula ghɨ sè' ɨ se' ɨ, a fī gvî nɨ ìjɨŋtɨ ighèl kèsa iwo ta àŋena n-nî kya, a fī ghɨ ɨlvɨ fɨ li a ghɨ kɨ nô ta ghesɨnà sòlɨ fɨ nì mbɨsɨ.	One of the consistent features of the Christian life is testing. We live in a fallen world, in an imperfect society, among people whose way of life is directed by Satan and their own sin natures. We cannot avoid the friction, conflict, or confrontation that results from this. We face daily disasters, small and great, which are brought on us suddenly by nature, by the ignorance or deliberate actions of other people, or even by our own mistakes and sins.
Iyvîtî I bimi n-ghi mba'tî Fîyînî sî kîlitêynsî ta aŋena nin toyni îmômsî, ta aŋena nin keli nge'si. Iyvîtî I bimi nin ghi dzi a kîlitêynsî lî a si keli ìyâlî, isaŋli kî nô a nse afêyn yi ye'tî wî a ghêl, awo kì a ki n-gâyn ko'i, kèsa a ifwo. Fayti kfâ'ti I yèynî! Fîyînî fî chfînî na wa lî a wa na keli mbôynî nî îsaŋli-I Fîyînî î, kòŋ a a na gâyn mi gha a wa nchînî, no mi ilvi ta wa keli nge'si fî toyni chwô a tîmòmsì.	Faith-Rest is God's plan for Christians who are going through testing, who are having problems. Faith-Rest is the means by which Christians can have JOY, a happiness in this life which does not depend on people, circumstances, or things. Think of it! God promises that you can have the peace and joy of God, in spite of what's happening in your life, in spite of the problems and testing that you are going through.
Imòm ì zya lì a ghi na læ kèsa bem a, kèsa no mɨ ìwo ì kà antêynɨ. Nge'sɨ isas I ndosɨ n-ghɨ, nge'sɨ ɨkwo, nge'sɨ zɨ ghelɨ, ngè'sɨ àlè' a felɨnɨ a, ghɨ taŋ lê ɨtu. Kèsa à n-shɨŋ àtàm a, kesa à shɨŋ fɨyvɨkayɨk a, lì a yi gvi no mɨ mɨ ɨlvɨ gha, bùla yi fu kfakfa'.	Your testing may be mild or severe, or anything in between. There are family troubles, money problems, social conflicts, problems on the jobthe list is endless. The charge of the elephant, or the charge of the mosquito, will come at any time, and usually without warning.
Mɨtì wa lì a wà na lum ye'tɨ kɨ a Fɨyìnì ta wù lum gvîtɨ a no mɨ ɨlvɨ gha sɨ fu igàmtɨ ɨlvɨ I mòm. Wù n-kya no mɨ ghà kûm tɨmômsɨ tɨ ghesɨnà jæ ta ka sɨ gayn ma wù sɨ ghɨ ma wù lem meyn ìba'tɨ sɨ fu no mɨ ghà ta ghesɨnà nɨn kɨŋ.	But you can always depend upon God's immediate and constant provision for you in your time of testing. He knows all about our tests before they occur and has made provisions in advance to meet our needs.
Efesùs 1: 3, 4 Ghesìnà nin ko'sî Fìyìnì, ì Bò Bôbo ghesìnà Jisos Christ. Fi boysi meyn ghesìnà ayvis nô nì ìfwo ì jûn jìm vzì a wu n-fvî iyvi toynî a Jisos Christ. 4No mi jæ ta ka wù fayti mbzi, à nà n-si ghi ma wù n-cho'tì meyn ghesìnà toynî a Christ, na ghesìna læ nà ghi gheli ghi layni keli wi njas asi nì Fìyìnì fì.	Ephesians 1:3,4 Blessed be the God and Father of our Lord Jesus Christ, who has blessed us with every spiritual blessing in the heavenly places in Christ, 4 just as He chose us in Him before the foundation of the world, that we should be holy and without blame before Him in love,
1 Kolin 10: 13, "Nô ìmôm I li nɨn ghɨ wi a ghi nɨn gvî sɨ zɨ bula yi timî gvì sɨ wùl. Fɨyìnì fɨ nɨn ghɨ tô'nɨ-à. Fɨ nɨn visɨ wì na ìmôm ì gvì ɨ to chwò àdya' à ki a. Imòm ì kæ gvì sɨ zɨ, a fɨ dyèyn dzɨ zɨ a	1 Corinthians 10:13, "These has no testing taken you but such as is common to man; but God will, with the testing, also make a way of escape, that you may be able to bear it.

ka yì le' ateyn, a yi faŋ tɨ to tɨ chwò zɨ.	
Hibìlu 4 nɨn fê'tɨ na ajàŋ a nse ìyum kì à bu læ zɨ iyvɨtɨ bòm ta àŋena n-læ faŋ tɨ sàmsɨ Fɨyìnì na fɨ lem tɨchfɨnɨ tɨ ɨ nfeynfɨ. Itof I li nɨn ghɨ wi ta ka ghesɨna (ghelɨ ghɨ bɨminɨ ɨtu' ɨ chôs) fi sœ kɨ mɨ a dzɨ nâ ghàyn.	Hebrews 4 tells us that the wilderness generation didn't find rest because they didn't trust God to keep His promises. There's no reason we (believers of the church age) have to make the same mistake."
Kèsa imômsɨ nɨn læ, kèsa yì n-gha'a, a n-ghɨ ma à vɨsi Fɨyìnì sɨ mòm ibɨmi I ghesɨnà nɨ dzɨ zɨ a ghesɨnà nɨn awo kì a wù fù sɨ ghesɨnà a nchînɨ.	Whether the test is small or great, it is allowed by God to measure our faith and our application of the things He has provided for us in this life.
1 Bita 1: 7 "Tɨmômsɨ nà tèyntɨ nɨn gvî sɨ zɨ nî na ghelɨ yèyn kèli na zɨ nɨn kelɨ kɨ nô nkàyntɨ lbɨmi. Ghɨ n-boŋ môm gôl kɨ nô nɨ ɨvɨs ɨ no mɨ ta à n-ghɨ afo ko'nɨ chem. Wi ta ibɨmi, ma kɨ kà' a kɨ bef. Yi ti n-dyèyn na, ghɨ n-kelɨ sɨ nà môm ibɨmi ì zɨ-I bòm ta à n-ghɨ afo ko'nɨ chwô gôl, ta ka à læ nà ghɨ achi ta Jisos Christ kàsî gvì a wù boŋ yeyn kèli zɨ, ɨ bèmsɨ zɨ, fɨ fù igha' I ŋweyn sɨ zɨ."	1 Peter 1:7 "That the trial of your faith, being much more precious that of gold that perishes, though it be tried by fire, might be found unto praise and honor and glory at the appearing of Jesus Christ."
1 Bita 5: 6,7 "Yì na ngvɨmlɨ læ ngeŋ sisɨ isas adya' nɨ Fɨyìnì fɨ ta ka ɨlvɨ læ kfeyn, a wu laysɨ zɨ. Yì lî ɨ gvì nɨ àfɨm à kya nô à jɨm ɨ fû sɨ ŋweyn bòm ta wù n-kya ìwo ì zɨ-i.	1 Peter 5:6,7 "Humble yourselves, therefore, under the mighty hand of God, that he may exalt you in due time, casting all your care upon him; for he cares for you."
Afo kì a iyv î t ì a ib i mi n i n ìnyeyni	Definition of Faith-Rest
Iyvîtî ibimi: À n-ghi àleŋ si nà faytî yvi keli à, bimi-à, fî li à iwo I Fîyìnì nì tìchfînì ti iwo î Fîyìnì ilvi imòmsì a nchînì nì kilitèynsì.	Faith-Rest: the process of understanding, believing, and applying the doctrines and promises of God's Word in times of testing in the Christian life.
Iwo i yèynì na "iyvîtî ibîmi", nî ìwo zî a yi n-ghi Înyeyni ta ghi fê'tî abàs ikûe, nin ghi ma ghi lì alê' a Ŋwà'lì Fiyìnì a Hibìlù 4: 1-2. "Fiyìnì fi nin læ meyn chfini na ghesìnà læ zî alè' ghè a fi n-ghi ateyn kèli ìyvîtì. T a ichfînî nâ zî-ì bu ti, wùl sî zi nin keli si nà tô'nì-à ka wù nî fan tì kèli iyvîtì nâ yèynì. Ghesìna si ghi ma ghi yvi meyn ntum ìjùn kì ighel ta ghìbo ghesìnà n-læ yvi a nse ìyum. Ànena nin læ yvi no mi tì yi fan tì gàmtì ànena bòm ta ànena n-læ yvi fan tì bìmi."	The term "faith-rest", and its definition above, is taken from the Scriptures in Hebrews 4:1,2 "Let us therefore fear lest, a promise being left us of entering into His rest, any of you should seem to come short of it. For unto us was the gospel preached, as well as unto them, but the word preached did not profit them, not being mixed with faith in them that heard it."
(Jàŋ Hibɨlù 3 nɨ kæ jæ ta ka wà na ndû nɨ ìye'i nâ yèynì.)	(Read Hebrews 3 and 4 before continuing with this study.)
Iyvîtî ibimi nin ghi ma ghi bà'lì ta ka gheli wul ì bimini na chî ateyn no mi si itu' gha a ŋweyn a nchînì, kì minchi mì mbzì în jìm, ta fidzitî si nà ghali mbôynì, fî faytî ti a abàs ayvis ilvi ta awo nin to, nge'si ghi, kèsa awo a bi ta ki n-gâyn a nchînì. Iyvîtì ibimi nì ghi àfô à to à mò' ta wùl ì bimini nin keli ta ka wù na nyâŋsì ndû nì àsi a si ghe'ni ta kìlitèyn fî kòlâ njùŋ Fìyìni a ŋweyn a	Faith-Rest is designed to be used by the Christian throughout his lifetime, on a daily basis, as a technique for maintaining peace and spiritual balance during difficulties, problems, or disasters in life. Faith-Rest is one of the Christian's most important resources in making rapid progress toward Christian maturity and the production of divine good in the life.

nchîn ì .	
Awo nɨn ghɨ a bò ta kɨ nî kɨ nì na kɨlitèyn faŋ tɨ lèma sɨ fì sɨ nà ndû nɨ àsɨ a a nchînɨ kɨlitèynsɨ, fî faŋ tɨ sæ sɨ a tɨbôysɨ tɨ jɨm, nɨ tɨchfɨnɨ, nɨ mɨwolɨ mzɨ a mɨ n-ghalɨ nchînɨ ta Fɨyìnì fɨ sɨ ma wù ti meyn lèm.	There are two reasons why Christians fail to grow and prosper in the Christian life, and fail to profit from all the blessings, promises, and logistical provisions which God has put in place.
Iwo I li n-ghɨ ta ghi n-nyàŋsɨ nî ghelɨ "zɨ wì iyvɨtɨ" n-ghɨ ta ghɨ n-kya wi mba'tɨ Fɨyìnì nɨ ifwo vzɨ a wù sɨ ghɨ ma wù fu meyn sɨ ghesɨnà na ghɨ na fèlɨ ateyn. Kɨlitèyn sìsɨ a sɨ nɨn kya wi iwo zɨ a iwo i Fɨyìnì nɨn bê læ nà kya wì tɨchfɨnɨ tɨ Fɨyìnì kèsa ifwo vzɨ a wù fù meyn lèm kûm ìmômsɨ.	The most common reason for failure to "enter into rest" is a lack of knowledge of God's plan and the assets He has provided for us. Christians who don't know what the Word of God says will never know the promises of God or the provisions He has made for testing.
Iwo I li ta yi n-gvì nì ìfe-i n-ghi ghi yèyn antêynì nì woyn ìsìlà itu' a jàn a nsè ìyum. Ànena n-læ meyn yvi ki nô ìye'i, mìtì fan tì fyes nì ìbimi, tèyn i fan tì zì iyvîtì (ila' a fî a ghi chfìnì).	The other reason for failure is seen in the Chidren of Israel of the wilderness generation. They heard the teaching but did not mix it with faith, so they did not enter into rest (the promised land).
ichfitì Iyvìtì ibimi (kèsa si nà keli wi)	Examples of Faith-Rest (or lack thereof)
À n-ghɨ aleŋ afêyn, ɨchfɨtɨ nɨn dvɨ kɨ tèyn a Ŋwà'lɨ Fɨyìnì ta ghelɨ Fɨyìnì na faytɨ kya awo kûm sɨ ye'tɨ ateyn sɨ lèm ibɨmi I àŋena a Fɨyìnì. À nà ghɨ ɨlvɨ fɨ li ghelɨ samsɨ Fɨyìnɨ, awo nà ndû a jûŋ. À n-gvî ɨlvɨ fɨ li ghelɨ dyêyn na ghɨ n-kelɨ wi isamsɨ nô sɨ akos a Fɨyìnì awo a tèŋlɨ ɨlvɨ ta imôm ì gvì.	In this section, there are several examples from the Bible in which the people of God had ample information on which to base their faith in God. Sometimes the people trusted God and prospered. Sometimes the people showed a complete lack of trust in God and fell apart when the tests came.
Wa yeyn ilwè' afèyn a Ŋwà'lì Fìyìnì na ghi na faytì yèyn na wùl ì bimini nin kya ti iwo I Fìyìnì a, kì ilvi ta awo nin to. Yi n-bôyni kimi tèyn si nà kem ke' à ilvi ta awo n-boyni, ilvi ta ikwo nin dvîtì, iwuyn n-ghi i two, iwo tô' fu wi nge'. Gheli ghibimini ghì jìm nà ke' à fì ku ki a dzi ì mò' ilvi ta awo nin ndû a jûŋ. Mitì, imômsì ì kæ si gvì, gheli ghì a ghi tî faŋ tì lèma a Kilitùs, àŋena bàsà na twàs, kasi fe ki aleŋ na item I na fu nge', i nà ghâm gheli ghi li, fì momsì si nà mèsì nge'si àŋena a dzi nì mbzi.	You will see in these Bible passages that the extent of a believer's spiritual maturity becomes obvious in hard times. It's easy to maintain a facade when things are going well, when there's plenty of money, good health, and little to worry about. All Christians look and behave about the same in good times. But when testing comes, those who have actually failed to grow in Christ come apart at the seams, and fall back into patterns of worry, blaming other people, and trying to solve their own problems by worldly means.
Ichf i ti vzì a ghi bêysì afêyn n-ghi:	The examples discussed here are:
1.Abɨlàhâm, ta wù nà kelɨ wi isamsɨ sɨ asɨ, tèyn ɨ bɨmi Fɨyìnì. Ŋwà'lɨ nzɨtɨ 15	Abraham, who first distrusted, then believed God, Genesis 15
2Imômsì I mu ìluenî a Màlà, Eksidòs 15	2. The Bitter Water Test at Marah, Exodus 15
3Imomsì ta afo a yɨnɨ a nà ghɨ wi nɨ ìmomsɨ i asɨ i ta mû nà ghɨ wi a Mèlìba, Eksidòs 16, 17	3. The No-Food Test and the First No-Water Test at Meribah, Exodus 16,17
4Imomsɨ i "ɨdyoŋ ghelɨ", Nombà 13 nɨ 14	4. The "Giant" Test, Numbers 13 and 14
5. Imòmsì ta mû nà ghi wi, Nomba 20	6. The Second No-Water Test, Numbers 20
Achfiti a Abilàhâm- Ŋwà'li Nziti 14 ni 15	The Example of Abraham - Genesis 14 and 15

Ŋwa'lɨ Nzɨtɨ 14 nɨn fè'tɨ fɨtɨtɨ kûm ta Abɨlàhâm n-
læ tɨm yɨ iyɨ I bemnɨ i. À ghɨ ìbàm itɨm I yɨ ma wùl
lì a wù na boli à, a wù na ghɨ iwo bu fì ghɨ wi a
ŋweyn ɨchfɨ, nô mɨ àbàs ɨwuyn kèsa àbàs ayvɨs.
Gheli ghì a ghi n-chya fitè, àŋena kæ si kù'tì yi a
yi na boyn î wì ta ka àŋena na fî fayt î bà't î s î ìdɨm
z ì a yi n-ko' gvî. Sugè's i s i tɨm yɨ yi nà mboyn î kɨ
tèyn ta ka àŋena na sɨ dèŋsɨ à fî kesɨ mbàynɨ.
Ghesɨnà n-kelɨ sɨ nà kya na Satàyn bû timî bòytɨ,
wù faytî kya si kasi si kfiyn si bèynsì, fî kya si keli
wul ì lv i ta wù n-boli. S i nà gh i item I z i à i fu nge'
n ì n gh i àfo ighòŋ n ì Satàyn a to a.
1 Rita 5: 8 9 "Vì na du'a mùtì à fì ghali ngan ì cici

Genesis 14 has the account of Abraham's great victory. After a victory there is a tendency to let down, to be vulnerable, both in the physical and spiritual realms. A football team coming off a win is harder to motivate for the next game. A victorious army tends to become complacent and underestimate the enemy. It is well to remember that Satan keeps charging; and he is especially skilled at counterpunching, at exploiting any temporary weakness. And worry is one of Satan's chief weapons.

1 Bita 5: 8,9 "Yì na du'a, gvìtì à, fî ghali ŋgeŋ i sisi, bòm ta mbàynì zì ma a ti dèblì, nìn châ'tì kal ki ta nyamàbo, bufa, kiŋ wul si mzì. Yì timi nà to a yi I bimi ta ka yì to i chwò i ŋweyn. Ba yi n-kya na woyn-nà ghi nin yeyn kimi nge' tèyn mbzi ì jìm.

1 Peter 5:8,9 "Be sober, be vigilant, because your adversary, the devil, like a roaring lion walks about, seeking whom he may devour; whom resist steadfast in the faith, knowing that the same afflictions are accomplished in your brethren that are in the world."

Nwà'lì Nzìtì 15: 1 "À nà ghi ibàm awo nâ ghàyn, iwo I Fîyìnì i gvì sì Abìlàm a jem, bê na, ka wâ fàyn, a Abìlàm, mi n-ghi àkìntì à kya, fî ghi ì vzî a wù n-fayti mâ'tì và."

Gen. 15:1 "After these things the word of the Lord came to Abram in a vision, saying, Fear not, Abram: I am thy shield, and thy exceedingly great reward.'

Afêyn nin ghi ichfîni I Fîyînî si kinti si fî si sûs tiboysi ti atem a juna nin nfeynfi. Fiyînî fi na keli midzitî si fayti si fu awo sî Abilahâm toynî a tîfu ki salû ta Fiyînî na si ghi ma wû lem meyn jæ ta ka ghi fayti mbzi. Yi n-ghi na mba'ti Fiyînî kûm Abilahâm na si ghi ma wû lem meyn yî na fela. A na ghi ki ìwo na Abilahâm na bêytî tichfînî ti Fiyînî tîti a wû n-ni na bimi a.

Here is God's promise of protection and an outpouring of grace blessings. The Lord has solutions for Abraham based on grace provisions which God had laid up for him from eternity past. That is, God's plan for Abraham is already set up and operational. It is merely a matter of Abraham's remembering God's previous promises and believing them.

Fɨyìnì fɨ bè na, "Ka na ghɨ item i fu nge', ka wà na fayn à." Iwo itof i nɨn ghɨ kɨ ì mò' ta ka Abɨlàhâm ni ta Fɨyìnì fɨ mn-ghɨ ànkɨŋtɨ a ŋweyn, ghɨ àdya', a fī mà'tɨ ɨ nfeynfɨ ŋweyn- NYÀŊSɨ IKFÂ'Tɨ!

God says "Do not worry; do not be frightened." There is only one logical thing for Abraham to do when the Lord is his shield, strength, and reward - RELAX!

Dìtèlonomì 31: 6-8 "Wa to fi keli ìkfà'tì ito-I, ka wà na fayn à, kèsa chiŋtî fâyn àŋena (idyoŋ gheli Kenàn), bòm Bô Fìyìnì fifi, a n-ghi ŋweyn a wu n-ndû a yi asi, ghi wi si fesi zì, ghi wi si visi zi. Mosìs i jàŋ Joshwà i bè sî ŋweyn asi nì ìsìlæ nô ì jìm, "Wa to fi keli ìkfà'tì ito-i bòm ta wà n-keli si ndù ì zî gheli ghèyn a ila' a fî ta Bôbo si ghi ma wù nyvi meyn na na yì læ fu sî ghìbò ghi, a wà ndû nî aŋena yi ila' nâ yèynì. Bôbo, a n-ghi ŋweyn a wù n-ndû a yì asi, wù na ghi zî àŋena, wu n-fesî wì zì, faŋ tì vìsi zì, ka wa fàyn, kèsa nà chiŋti à."

Deuteronomy 31:6-8 "Be strong and of good courage, fear not, nor be afraid of them [the giants in Canaan]; for the Lord your God, he it is who goes with you; he will not fail you, nor forsake you. And Moses called to Joshua and said to him in the sight of all Israel, 'Be strong and of good courage; for you must go with this people unto the land which the Lord has sworn unto their fathers to give them, and you shall cause them to inherit it. And the Lord, he it is who goes before you; he will be with you, he will not fail you, neither forsake you; fear not, neither be dismayed."

Ìsayà 41: 10-13 "Ka yì na fayn à, bòm ma n-ghɨ nɨ zɨ. Ka yì na chɨŋtɨ à, bòm ta mɨ n-ghɨ Fɨyìnì fifɨ. Mɨ

Isaiah. 41:10-13 "Fear not, for I am with you. Be not dismayed, for I am your God. I will strengthen you; yea, I

fu àdya' sî zì, mi n-gàmtì zì, mi n-ghal i lâysì zì kì nô nì awu ikœ itwo nì ma kì a ki n-ghi àtì-ati. Yeyn ki a, no gheli ghì jìm ta ghi tî nà nyo'sì iyon sî zì là wumi à a ichfì yum àŋena, àŋena là nà ghi wi nô àfo, gheli ghì a ghi tî nà nû I zì a ghi bula. Yì là n-kiŋ àŋena, faŋ tì yeyn, no mi ghî a ghi tî n'a cho' afvi à ki a, ighî a ghi tî nà nû i zi ighòŋ là go'sì ghi wi afo, lutî ki nô tèyn ghi taŋ wi si afo."	will help you; yea, I will uphold you with the right hand of my righteousness. Behold, all they that were angered against you shall be ashamed and confounded, they shall be as nothing, and they that strive with you shall perish. You shall seek them, and shall not find them, even them that contended with you; they that war against you shall be as nothing, and as a thing of nought."
À n-fu ndà tɨchfɨnɨ nâ tèyn tɨ à? À n-ghɨ Fɨyini Bò idwa' ɨ jɨm! No mɨ ichfɨnɨ I Fɨyini ì kà nɨn ye'tɨ a nchînɨ nɨ ŋweyn yi lum kelɨ wi fɨnsè'i. Ikfà'tɨ I ghesɨnà kûm tɨchfɨnɨ tɨ ŋweyn ghɨ ma ghɨ lì a ghɨ li dyàŋsɨ a ntu a fi a wù n-ghɨ atyen, sɨ achfɨtɨ:	Who is the one making these promises? It is the Almighty God, the Creator of the Universe! And every promise of God is backed up by His perfect character and His perfect character. Our thinking about His promises can be related to His divine attributes, for example:
Nsa' à nchil: Ta nsà' à nchil Fiyìnì n-ba'li meyn ìyviti I bimi ta ka à na ghi àbâs a mba'ti ŋweyn si ghesinà.	Sovereignty: God in His designed Faith/Rest as part of His plan for us.
Ilayn: Njùŋ Fɨyinì nɨn kelɨ wi fɨnsè'i, bòm tèyn no mɨ ìnki mòm ì kà lì a yi na ghɨ a jûŋ sɨ ghesɨnà.	Righteousness: God is perfect goodness, so any trial will be good for us.
Nsa' àtì-ati: n-dyèyn na mbâ'tì ì ŋweyn sî ghesìnà nin kê' a jûŋ, na ghi nin ku wi sî ghesìnà a dzi sœ.	Justice: Guarantees that His plan for us is fair, that we will always be treated justly.
Ikôŋ: Ghesɨnà nɨn kya na no mɨ ìwo ì kà a nchînɨ nɨn ghɨ a tisɨ ìkôŋ I Fɨyìnì sɨ ghesɨnà.	Love: we know that every situation in life is governed by God's love for us.
Ichi zì a yi lum mæ wi: Fìyìnì fì n-lum ghi ki ghi ghesìnà keli ìchi zì a yi là mæ wi ghesìnɛ nì ŋweyn toynî ifèl I Kilitùs a ànwâmnì. Fiyìnì fi lum mbà'tì à ki mìntu' ìn jìm a ŋweyn asi.	Eternal Life: God is eternal and we have everlasting life with Him through Christ's work on the Cross. God always plans with eternity in view.
Kya kɨ àwo a jɨm: Fɨyìnì fɨ nɨn kya no mɨ ghà kûm tɨmômsɨ tìtɨ a tɨ nɨn gyî sɨ mà nɨ nge'sɨ jæ ta ka sɨ gayn, ma wù sɨ ghɨ ma wù ba'tɨ meyn lèm ìwo zɨ a ka wù ni nɨ nseynsɨ.	Omniscience: God knows about my trials or sufferings even before they happen; and He has already planned what to do about them.
Ghɨ kɨ ɨlwe' ɨ jɨm: Fɨyìnì fɨ nɨn lum ghɨ kɨ ghɨ fî ghɨ sɨ gàmtɨ.	Omnipresence: God is always present and available to help.
Keli kì àdya' à jìm: Fìyìnì fi nin keli ki àdya' à jìm, bòm tèyn wù n-lum ghi kya si nì na tichfînì ti ŋweyn ti fel fî fu ìgâmtì ilvi i nge'.	Omnipotence: God is all-powerful so He always has the capability to carry out his promises and to provide help in time of need.
Lum kfɨnɨ wì: Fɨyìnì fɨ nɨn lum kfɨnɨ wì iku I ŋweyn sɨ ghesɨnà, nò mɨ ti a ta wù n-ghɨ, wu lum ghɨ kɨ tì no mɨ sɨ ɨtu' gha.	Immutability: God never changes in His attitude toward us, and all of His characteristics remain the same, forever.
Bê samo' i: Fiyìnì fi nin lum wam wi, bòm tèyn, no mi ghà ta wù chfini, wu ni à (Yeyn Rome 4).	Truth: God never lies; therefore what He has promised, He will perform (see Romans 4).
Abɨlàhâm nà ghɨ mà wù kù' yɨ ighòŋ a dzɨ i bemnɨ, ibàm wu fe. Wù n-læ meyn zɨtɨ item I ŋweyn i nà fu ngè', wù nà sɨ sœ ɨ su'i à. Wù nà bu ku kɨ na wù	Abraham has had great victory, then he fails. He has started to worry, to cave in. He still feels he has something to complain about. He has no male heir, and

n-kelɨ ìwo ta ka wù na dɨmlɨ à kum à. Wù nà kelɨ wi yɨ ɨ ndo ɨ lumnɨ, ma yɨ ndo ɨ lûmnɨ kæ sɨ nà ghɨ wi, a à læ̂ yɨ Ìlisa ɨfwo ɨ ŋweyn.	if there is no male heir, the inheritance will go to Eliezer.
Nŵa'lì Nzìti 15: 2 "Abìlìhâm i bè na, Bô Fìyìnì, Wa fu nô afo sî mà a ki na keli ghà, yeyn na mi ndu à bula wyan, wùl vzì a wù læ yi ndô yem a ghi Ìlisa i wul ì Dàmaskùs wèyn a?"	Genesis 15:2 "And Abram said, 'Lord God, what will you give me, seeing I go childless, and the heir of my house is this Eliezer of Damascus?'"
Item sɨ na fu nge' lum nyâŋsɨ ghɨ mbɨ, Rome 14: 23, "bòm ta no mɨ ghà ta kɨ n-lû wi ibɨmi nɨn ghɨ mbɨ." Sɨ na kelɨ ifɨmsɨ item, samo', nɨn ndû sɨ na ghɨ kɨmɨ tèyn sɨ nà chæsɨ Fɨyìnì. Ifɨmsɨ item i nɨn te Fɨyìnì bê na tɨchfɨnɨ tìtɨ a wù fu na wù wam ɨ wam kesà na Fɨyìnì fɨ nɨn kelɨ wi adya' sɨ lèm tɨchfɨnɨ nâ tèyn tɨ. Kɨmɨ a dzɨ i lì, wùl ɨ faynnɨ-ɨ nɨn bɨmî na Fɨyìnì kà' a wù bû kesa nà ghɨ sɨ lèm tɨchfɨnɨ tɨ ŋweyn tɨ.	Worry is often a sin, Romans 14:23, "whatsoever is not of faith is sin." Worry is, in fact, equivalent to blasphemy. Worry slanders God by saying that His promises are lies or that God is not able to keep His promises. In other words, the fearful person believes that God can not or will not keep His promises.
Ifimsi ikfa'ti n-ghi ma yi kè'ni ìyvîti ibimi. Iyvîti ibimi nin ìwo zi a ghi n-lî bêynsi ìfimsi ikfa'ti ateyn.	Worry is the opposite of Faith-Rest. And Faith-Rest is the answer to worry.
Abɨlahâm na kelɨ tɨcho'nɨ tɨbö sɨ ni: (1) wù na ka' a wù na mômsɨ sɨ mèsi nge'sɨ ŋweyn toynɨ a ifɨmsɨ ikfa'tɨ, ishɨŋ, ba'tɨ awo, iwo i fu nge' fī nyo'sɨ ɨtoŋ, mômsɨ sɨ ba'lɨ tɨbêynsɨ, mômsɨ sɨ felɨ sɨ kal awo, nɨ a li a, kèsa (2) wù ka' a wù fvɨsi Fɨyini a fɨ mesi nge' sisɨ a wu n-wo sɨ mèsi.	Abraham has two choices: (1) he can try to solve his own problems by worrying, fretting, planning, being upset and angry, trying to scrounge up answers, trying to work around things, etc., or (2) he can let God solve the problems he cannot handle.
Ŋwε'lɨ Nzɨtɨ 15: 3 "Abɨlàhàm ɨ bè na, Yeyn ka, wà bû fu ngœ̀ sɨ ma: yi na ghɨ na, wùl ma ghɨ bzɨ a ma ndo na ghɨ yɨ ndô yem".	Genesis 15:3 "And Abram said, 'Behold, you have given me no seed: and, lo, one born in my house is my heir.'"
Abìlàhàm nà ghâm Fìyìnì kûm nge'si ŋweyn. Si nà ghàm ghi li, ki nô si nà ghâm Fìyìnì, a ghi ki nô nchwæ a ndayn na wùl si fê àbàs ayvis. Wùl vzì a wù ghè'ni nî wu na bimî awo kì a ki n-gvî bòm tìcho'ni ti ŋweyn. À n-ghi atu ìyè'i afêyn lvîyn ta ghi n-kì dzi zì a ikfâ'tì i wul ì nin fêlì ateyn, ghi nâ kya si kiŋ wùl kèsa afo si ghàm kûm nge'si, tèyn ta bæ nì nì, alè' kì a wùl nin ghi ateyn, ntè', gheli mînàŋ nì gofinæ, ghì bo ifèl, nì ghi li. Mitì. Ìnki iku nâ yèynì nin bu'sî si yeyn ifû i Fîyìnì, no mi nì iboysi ì kà, no mi ìsa' ì kà, no mi nì fì ghà kûm ànjìŋ.	Abraham blames God for his troubles. Blaming others, especially blaming God, is a sure sign of spiritual deterioration. A mature person takes responsibility for his own actions. It is a trend in modern psychology to find someone or something to blame for troubles, such as parents, the environment, the community, politicians, employers, etc. But this tendency ignores every divine provision, every blessing, every law, and every principle of suffering.
Ŋwà'lì Nzìti 15: 4-6 "ì, yeyn ki à, iwo i Fìyìnì i gvì sî ŋweyn, bê na, 'i wèyn nìn nà ghi wi yî ndo nì và, mitì i vzî a wù læ fvì kì nô a wa ìwùyn læ nà ghi yî ndo nì và.' Wù lì ì fvì gvì nì ŋweyn abe, i bè na, "ki lvîyn ndùsì dzi iyvi, fî taŋ mìnjêyn, yeyn nâ wà lì a wà taŋ a, nà fî kya ta akôyn ateyn a n-ghi a.	Genesis 15:4-6 "And, behold, the word of the Lord came unto him, saying, 'This shall not be your heir, but he that shall come forth out of your own loins shall be your heir.' And he brought him forth abroad, and said, 'Look now toward heaven, and count the stars, if you can number them.' And he said to him, 'So shall your seed

	T
è wû bê sì ŋweyn na, "à tî kì ta ngœ ì yi à læ nà ghi.` Wu bìmî Fìyìnì, Wu taŋ na wù n-layn a."	be.' And he believed in the Lord; and He counted it to him for righteousness."
Afèyn Fèyìnì fi kasî bè i kfèynsi tichfîni ti ŋweyn ti (kûm Mikâyn ŋèyn Abilìhâm) i fû sî Abilàhàm ki nô a ndayn iwo zi a wù n-bè ìnyeyni, ta wù dyèyn minjêyn sî ŋweyn. A nà ghi a ngò'si Abilàhàm i bimi Fiyìnì. Wu na bu keli bèŋsi njvàsi tàyn jæ ta ka ghi bzi Ayzik, mitì wu nà ghi si weynsi si nà chîti à bòm ta wù mà' meyn àdili a ŋweyn sì Bôbo.	Here God restates His promises (of the Abrahamic Covenant) and gives Abraham a dramatic illustration of what He means, by showing him the stars. Finally, Abraham believes God. He has about 15 more years to wait before Isaac is born, but he is able to wait patiently and have inner peace because he has laid his burden on the Lord.
Imômsɨ i Mu ɨ luenɨ- Eksidòs 15	The Bitter Water Test - Exodus 15
Wà timi meyn yɨ kɨ nô ɨ sondè ì jûŋ ta wà nɨn ndù a chôs a, ko'sɨ Fɨyìnì, yvɨ ìfom a nchɨyntɨ nɨ ghelɨ ghɨ bɨminɨ, no mɨ ghà ta kɨ n-nî va wa dyala ta kɨlitèyn, mɨtì à na ghɨ kɨ a ngò'sɨ iku ì zya kɨ ì jɨm kfɨnɨ a mondè bòm ta ifèl ì zya lì và nà kê' na yi mâ' wà a mbzɨ î lù a?	Have you ever had a wonderful Sunday attending church, worshipping the Lord, enjoying the fellowship of believers, everything that make you glad to be a Christian, only to see your whole attitude change at work on Monday as your job seems to throw you into another world?
Jàŋ Eksidòs 14 nì 15 kûm fititî fi ìsìlà ta àŋena nà le' ì fvî a Igìb. Àŋena nà yeyn Fiyìnì chuesì 24 achi a mbà' nì ìvisi. Ta alimalima bàsà àŋena kûm gheli Igìb àŋena jêm nô nì àdya'a na Fiyìnì fi bœsi àŋena, i yèyn ta Red Sea yèma, àŋena i dyâŋ a nse yi yum a, fî yeyn ta sugè'si Igìb sì kfiti ta jvà gvì chiyti àŋena.	Read Exodus 14 and 15 of the account of the Israelites escaping from Egypt. They saw God 24 hours a day in the cloud and in the fire. In their terror of the Egyptians they prayed frantically to God to save them, and saw the Red Sea open up, crossed on dry land, and watched the Egyptian army being destroyed as the waters closed back over them.
Àŋena nɨn læ meyn dyal afo ta ghɨ tɨm yɨ. Jàŋ ɨ njàŋ ì bemnɨ itɨm I yɨ yèyn a àŋena nɨn læ yem. "Bôbo nɨn ghɨ àdyâ' à kema fī ghɨ njàŋ yemBôbo nɨn ghɨ wùl sû kya ìghoŋikœ ɨtwo nɨ và, O Bòbo, n-leŋ meyn sàytɨ mbàynɨsɨ kɨ isa' isa' À n-ghɨ nô ndà ta va, O Bôbo, dêŋsɨ ghɨ Iŋwà', ghɨ n-ghɨ sɨ nà tɨm tɨkfɨm nɨ ìfayn ì, nī àwo a kaynnɨ a". Sɨ nà fī ndu à.	And what a victory celebration they had. Read the great song of victory they sang. "The Lord is my strength and my songThe Lord is a man of warThy right hand, O Lord, has dashed in pieces the enemyWho is like thee, O Lord, glorious in holiness, fearful in praises, doing wonders" And on and on.
Mɨti a nà ghɨ kɨ ibàm I mɨnchi ɨ ntal, ta ghɨ nà jêlɨ tala, ghɨ gvì a jvà a fî a mû na lûe ɨ lue, Màlà, nɨ	But just three days laters, on the march, they came to the BitterSea, Marah, and
Eksidòs 15: 24, 25 "Ì gheli nà dimlì à kûm Mosìs, ì bè na, ghès ti nyvi nô ghà? Wu dzì sî Fiyìnì fì, Fiyìnì fì i dyèyn fikâ' sì ŋweyn, a nà si ghi ta wù mà' meyn a jvâ, mû ma teyn na si foma: wu kæ lèm si iwo na yi na lum ghi, ghi ti isa', a nà ghi àlè' nâ ghàyn wu mòmsì àŋena.	Exodus 15:24,25 "And the people murmured against Moses, saying, What shall we drink? And he cried unto the Lord; and the Lord showed him a tree, which when he had cast into the waters, the waters were made sweet: there he made for them a statute and an ordinance, and there He tested them."
Ta ìla', gheli ìsìlæ nà ghi bula ghi faytî ghè'ni àbàs ayvis. Àŋena nà tô' to wi àbâs ayvis fî faytî kya wi wul vzì a Fìyìnì fì nin ghi ì ŋweyn nì ìwo zì a wù kà' a wù ni. Iyeynì nà ghi ìmomsi i yi asi i antêynì tìmòmsì ta àŋena nin ghi si fe, tìmômsì ma ghi	As a nation, the Israelites were spiritually immature. They had no spiritual stamina and no real understanding of who the Lord is or what He could do. This is the first of many tests they would fail, tests designed to demonstrate to them how helpless they

fayti si dyèyn sî àŋena na ghi kà' ghi bû nî nò ilæni-i bula Fìyìnì. Ta wa n-ghi kya, toynî ki a bèŋ sì 40 sì jìm sìsì a àŋena nà kali a nse ìyum, no mi ta Mosìs, Alôyn, nì woyn Levì nà ye'i àŋena kì minchi in jìm, no mi ta àŋena nà yeyn awo akayni-a, a nà ghi ki à si a ghèl a àŋena antèynì ta ghi yè'i si fayti si nà ye'tî iwùyn nì Bôbo.	were without God. As you know, throughout their 40 years wandering in the wilderness, and in spite of daily teaching from Moses, Aaron, and Levites, in spite of witnessing miracle after spectacular miracle, only a small percentage of these people ever learned to rely completely on the Lord.
Imômsì ta ifwo i yini nì mû nà ghi wi- Eksidòs 16, 17	The No-Food Test and First No-Water Test - Exodus 16,17
Eksidòs 16 nɨn faytɨ fê'tɨ à imômsɨ zɨ alè' a ifwo i yɨnɨ nà ghɨ wi, ma ghelɨ isɨlæ boŋ mêyn fe, ta àŋena nà dɨmlɨ à kûm Mosis, Alôyn, nɨ Fɨyini fɨ. À n-ghɨ ateyn nɨn iyeyn nà yèyni Fɨyini fɨ i fu manà sɨ àŋena. Nchwæ yèyn nɨn ghɨ kɨ nô njàŋ ikus, nɨ àndɨmlɨ à, nɨ ikue a dzɨ yi bef a. Nchwæ 17 na bu fè'tɨ ndù kɨ nɨ fɨtɨtɨ fɨ ateyn fɨ.	Exodus 16 gives details of the No Food test, also failed by the Israelites, in which they murmured again against Moses, Aaron, and God. In this case God provided manna for them. This chapter is a litany of whining, complaining, and miserable behavior. And chapter 17 continues the story.
Mu nà ghi wi a Lèfidim, gheli ateyn ghàm Mosìs ta wù lì i fvì nì ànena si a Igìb ta ka woyn ânena nì nyamsi kfi iton i mu. Àndimlì ateyn a na befi nô si a nan kì nô na Mòsis chfi iziyn alê' nâ ghayn na Meribah, ("andimlì").	There was no water at Rephidim, and the people blamed Moses for bringing them out of Egypt so that their children and cattle could die of thirst. Their complaining was so vehement that Moses named the place Meribah ("chiding").
No mɨ tì, Fɨyìnì ɨ fu ɨ mu a iwu, kɨmɨ ɨlvɨ nâ ghàyn faytɨ dyêyn àlɨŋsɨ ta ntum ì jùŋ nɨ ghɨ. Wà kya na atem a juŋà nɨ Fɨyìnì fɨ nɨn ye'tɨ a nchînɨ nɨ ŋweyn, a ghɨ wì a nchînɨ nɨ ghesɨnà nɨ ìbê samo'. Ghelɨ n-læ fsɨ afo kfeynɨ wì sɨ ànkyena.	Of course, the Lord provided water from the rock, at the same time giving a beautiful picture of the gospel. Remember that God's grace depends on His character, not on our character or faithfulness. The people received what they did not deserve.
Imômsì kûm ìdyôŋ ghêl- Nombà 13, 14	The Giants Test - Numbers 13,14
Nomba 13 nìn faytì nfê'tì gheli nki ta ghi tum, a ghi wul ìtwo abàs ighôn nô mi isas I ndo ì kà asas a ndo 12. Mosìs nà ghi ma wù li wù bû fû gheli ghi nûnì 2 000 000 ilà' bula wù tum na ghi ki ta yi nghi. Gheli nà ghèyn nà ghi si kì si a mînchi 40 a ila' nì mbàynì jæ ta ka ànena kasî gvì a Kàdèsh Banìyà.	Numbers 13 describes a reconnaissance patrol which was led by a high ranking officer from each of the 12 tribes. Moses would not commit a force of 2,000,000 people into a land without sending out a patrol. The patrol would spend 40 days in enemy territory before returning to Kadesh-Barnea.
Nomba 13: 1,2 i Fìyìnì fì i taŋi sî Mosìs, bè na, 2, "tum gheli ta ka ghi ndu ì ki ila' I Kenàn, ta mi n-fu sì woyn ìsìlæ, wùl fvi nò mi isas I ndo ghibo àŋena ì kà, wa tum wul ateyn, no mi wul wu àsi ì kfà antêynì nì àŋena."	Numbers 13:1,2 And the Lord spoke to Moses, saying, 2 "Send men to spy out the land of Canaan, which I am giving to the children of Israel; from each tribe of their fathers you shall send a man, every one a leader among them."
Ghelɨ nà fsɨ ìtisɨ sɨ Fɨyìnì fɨ. Ki ichfɨnɨ I yèynì, "ila' zɨ a mɨ n-fu sɨ woyn Isɨlæ"Ghɨ bu læ bè na ghelɨ ìsɨlæ lu nà ndû ila' nɨ "ìbɨmi ma yi fefɨ meyn". Afo a lì a nɨn ghɨ wi na ibɨmi I fefɨ nɨ-i. Ibɨmi nɨn ghɨ nô ɨsɨ I yeynɨ-i i bemnɨ-I a mbzɨ ɨlvɨ	The people received directions from the Lord. Note the promise, "the land which I give unto the children of Israel" The Israelites were not being asked to move into the land on "blind faith". There is no such thing as blind faith. Faith is the best eyesight in the world when

Iyvîtî i bimi (Faith Rest) Kom-English

ta I nɨn ye'tɨ a tɨchfɨnɨ nɨ Fɨyìnì fɨ. Ibɨmi nɨn ghɨ it is based on the promises of God. Faith is the ability to àdya' sɨ ye'tɨ a Fɨyìnì ta wù n-kya nô àwo à jɨm. rest on God's omniscience. Nombà 13: 3-16 Numbers 13:3-16 3 So Moses sent them from the Wilderness of Paran 3Tèyn, Mosìs wu tum ànena a nse ìyum a Balân, according to the command of the Lord, all of them men kì nô ta Bôbo chwòsì meyn, ànena nò ì jìm a ghi who were heads of the children of Israel. ìlûmnì itu sî woyn Isìlæ. 4 Now these were their names: from the tribe of 4 Lviyn, à nà ghi àziyn a ànena tèyn: isas i ndo ni Reuben, Shammua the son of Zaccur; Lubìn, Shàmuyà i wâyn zàkuyà, 5 from the tribe of Simeon, Shaphat the son of Hori; 5Isas i ndo nì Simiyòn, Shàfàt i wàyn Oli, 6 from the tribe of Judah, Caleb the son of Jephunneh; 6isas i ndo nì Judà, Kalèb i wâyn Jefunè', 7 from the tribe of Issachar, Igal the son of Joseph; 8 from the tribe of Ephraim, Hoshea the son of Nun; Isas I ndo nɨ Ishakà, Igàl ɨ wâyn Josèf, 9 from the tribe of Benjamin, Palti the son of Raphu: 8Isas i ndo nì Ifilèm, Osìyà, i wàyn Non, 10 from the tribe of Zebulun, Gaddiel the son of Sodi; 9Isas i ndo nɨ Benjamìn, Baltì ɨ wâyn Lafu, 11 from the tribe of Joseph, that is, from the tribe of 10isas I ndo nì Zebùlon, Gàdiyèl i wàyn Sòdi, Manasseh, Gaddi the son of Susi; 12 from the tribe of Dan, Ammiel the son of Gemalli; 11isas i ndo nì Josèf, ma ti isas i ndo nì Mànasì, 13 from the tribe of Asher, Sethur the son of Michael: Gàdi i wàyn Sùsi, 14 from the tribe of Naphtali, Nahbi the son of Vophsi; 12Isas i ndo nì Dayn, Amiyèl ì wâyn Gèmalì, 15 from the tribe of Gad, Geuel the son of Machi. 13 Isas i ndo nɨ Ashà, Setuyà, ɨ wàyn Maykêl, 16 These are the names of the men whom Moses sent to 14Isas i ndo nɨ Naftalì, ɨ Nabì ɨ wâyn Vôfsì, spy out the land. And Moses called Hoshea the son of 15Isas i ndo nɨ Gât, Guỳêl ɨ wâyn Màchi. Nun, Joshua. 16Akèynà nɨn ghɨ àzɨyn a ghèl ghì a Mòsis n-læ tum na ghɨ ndu ɨ kì ila'. Mosìs ɨ nà toyntɨ Osìyà ɨ wàvn Non na Joshwà.

Kalèb nɨ Joshwà n-ghɨ nɨn yeyn kèlî àŋena na à n-ghɨ ghelɨ ghɨ to ghɨ bò ghî a n-ghɨ a fɨtɨtɨ, ghelɨ ghɨ kya `

Itof I Fɨyini nɨ ikoynsɨ isuyn nɨ nfeynfɨ, fī ghɨ gvɨtɨ sɨ fu ngeŋsɨ àŋena sɨ Fɨyini fɨ. Sɨ àŋena, iwo I Fɨyini na kè' a ndayn chwô no mɨ iwo i kà ta àŋena koynɨ nɨ inyeyni. Àŋena nà faytɨ ku a jûŋ nɨ awo kì a kɨ nɨn koli àŋena kèsa kɨ n-jof a kèsa kɨ n-bef a.

Caleb and Joshua are recognized as two of the great men of history, men who know the wisdom and grace of God and are willing to commit themselves to it. To them, the Word of God was more real that any situation they were to face. They were fully adjusted to their circumstances, whether good or adverse.

Nombà 13: 17-20

17Tèyn Mosìs i tum àŋena na àŋena ndu i nya' i kì ta ila' I Kenàn nin ghi, i bè si àŋena na, "yì ko' ndù a dzi nâ ghàyn a dzi àbàs itziyn, lù ko' ndù a kfiynsi,

18ì yeyn nà ila' ateyn nin ghi ti a: na gheli ghì a ghi nin chi ateyn nin to ma ghi nin bolî a, læ ma dvî a,

19 na ila' zì a àŋena nɨn chî ateyn n-jofà ma yi nbefa, nà ntè' sîsì a àŋena nɨn chî ateyn nì ghɨ mìtwotì ma ghɨ faytɨ mêyn bà'lì a,

20yèyn nâ ilà' ateyn I nɨn kelɨ ɨfwo ma a yi n-fɨfa,

Numbers 13:17-20

17 Then Moses sent them to spy out the land of Canaan, and said to them, "Go up this way into the South, and go up to the mountains,

18 and see what the land is like: whether the people who dwell in it are strong or weak, few or many; 19 whether the land they dwell in is good or bad; whether the cities they inhabit are like camps or strongholds;

20 whether the land is rich or poor; and whether there are forests there or not. Be of good courage. And bring some of the fruit of the land." Now the time was the

fî kɨmɨ na yi nɨn kelɨ mɨku ma yi nɨn kelɨ wi a. Yì na kelɨ àtem a to. Yi fî kœ kɨmɨ mɨtam ɨn lì ila' nâ ghàyn ɨ gvì nɨ meyn. Lvɨyn aeŋ ɨlvɨ nâ àkeynà nà ghɨ ɨlvɨ vzɨ a mɨtâm mɨ àsɨ nâ bâŋ ateyn. season of the first ripe grapes.

Ghɨ n-faytɨ meyn fè'tɨ i dzɨ i zɨ ka àŋena ndû nà ki ateyn. "Yì na kelɨ àtem a to a...". Iwo ì mò' zɨ a yì n-gàmtɨ nà wùl ì nî iwo i yɨ n-ghɨ na ikfà'tɨ I ŋweyni na ghɨ àtì-ati. Sɨ a nyɨŋ nɨ atem a to nɨ lfâyn ì nɨn ghɨ ma ghɨ faytɨ mêyn bè afêyn. Sɨ a nyɨŋ àteyn n-ghɨ ìyvîtɨ ibɨmi! Kalèb nɨ Joshwà n-læ bɨmi tɨchfɨnɨ tɨ Fɨyìni, ghelɨ ghɨ li ghèyn ɨvɨm ɨ faŋ tɨ bɨmi. Kalèb nɨ Joshwà nà kelɨ àtem a to a, ghɨ li ghèyn ivɨm ɨ kelɨ wi.

Detailed instructions for the reconnaissance. "Be ye of good courage..." One thing necessary for a successful mission, the right mental attitude. The difference between courage and fearfulness is being emphasized here. And the difference is Faith-Rest! Caleb and Joshua believed the promises of God, the other ten did not. Caleb and Joshua had courage, the other ten did not.

À nà ghi ta gheli nki nâ ghèyn bèynlì, anôyn a ghèlì a gwòtì ìkfâ'tì ì bwo, finôynì fi ghêl ta ghi nfâyn wì afo, atem a to, ghi bimî Fìyìnì, nì ànôyn nà si I dvì a ghi gheli fayn à ivi nè'à a gvisi ìvì. Idyon ì ghelì nà ghi ila', anôyn a dvî ni a nà fâyn ànena, no mi ta Fìyìnì fi nì tichfînì.

When the spies returned, the camp was divided into two groups, a small group of confident, courageous people who believed God, and a large group of fearful people who were shaking in their boots. There were giants in the land, and the majority were afraid of them, in spite of the promises of God.

Fɨyìnì fɨ nɨn ngaŋtɨ chwô no mɨ idyoŋ ghelɨ i kà a nchînɨ kliìtèynsɨ. "ɨ vzɨ a wu n-ghɨ antêynɨ nɨ và nɨn ngaŋtɨ chwô i vzɨ a wù nɨn ghɨ a mbzɨ". Fɨyìnì fɨ nɨn læ meyn nà lum kya na idyoŋ ghelɨ læ na ghɨ ila' in Kenàn, wu ba'tɨ no mɨ ghà lèm ta ka àŋena læ zɨ i lì ila' na yèynì. No mɨ ta àŋena nà ghɨ ma ghɨ koynɨ meyn (fī fe) ìmômsɨ Ibàmi ìmômsɨ, i fi yèyn ta Fɨyìnɨ fɨ i nì awo akaynɨ a nô sɨ idvɨ, àŋena nà bu wutɨ kɨ àtem a to a.

The Lord is greater than any giant in a Christian's life. "Greater is he that is in you than he that is in the world." The Lord knew in advance that there would be giants in Canaan, and He had prepared everything ahead of time for them to occupy the land. Yet, in spite of having met (and failed) test after test, and having seen God perform many wonderful miracles, they still lacked courage.

Nomba 13: 21-27

21Tèyn àŋena kờ' ndù i nya' kì ila' nâ ì yèynì a nse ìyum Zin si ndù si chem a Leyôb, ba'sî si nà zî ndû

a Amât.

22Àŋena lù ɨ ko' ndù dzɨ àbàs I tzɨyn ɨ gvì a
Hibɨlòn, a ghɨ tì, Àhimàn, Shèshayì, nɨ Talmayì, ɨ

nì i bèŋsi nsombo jæ ta ka ghi ba'li Zùyan a Igìb.) 23Àŋena lù i gvi a ifyàyn Esikòl, i gvêl i nkœ mitam a fu, i ghaŋsi a mbàŋ i bè'l ghibò. Ghi nin

woyn Anàk, ghi a fu. (Hìbìlòn nà ghi ma ghi bà'lì

læ meyn lì kɨmɨ àbo' a lî a fu nɨ lamâysɨ lisɨ.

24Ghɨ nà toyntɨ àlê' nâ àkèynà na ɨfyàyn Esɨköl
bòm ɨ nchfɨŋ ɨ mɨtàm mzɨ a ghelɨ ìsɨlæ nɨn læ teyn

bòm i nchfin i mitàm mzi a gheli ìsilà nin læ teyn a fu.

25Àŋena kasî bèynlɨ ta ghɨ ndù kì ila' nâ ì yèynì ibàm i mɨnchi mɨvɨm ɨn kæ.

26Lvɨyn àŋena lù ɨ kasî gvì sɨ Mosìs nɨ Alôyn nɨ ànôyn a woyn ìsɨlæ nô a jɨm a nse ìyum a Balàn, a

Numbers 13:21-27

21 So they went up and spied out the land from the Wilderness of Zin as far as Rehob, near the entrance of Hamath.

22 And they went up through the South and came to Hebron; Ahiman, Sheshai, and Talmai, the descendants of Anak, were there. (Now Hebron was built seven years before Zoan in Egypt.)

23 Then they came to the Valley of Eshcol, and there cut down a branch with one cluster of grapes; they carried it between two of them on a pole. They also brought some of the pomegranates and figs.

24 The place was called the Valley of Eshcol, because of the cluster which the men of Israel cut down there. 25 And they returned from spying out the land after forty days.

26 Now they departed and came back to Moses and Aaron and all the congregation of the children of Israel in the Wilderness of Paran, at Kadesh; they brought back word to them and to all the congregation, and

àŋena gheli asi si nà nû nì ìfwo ma ghi fayti nì

10111 211611011	
Kàdêsh, i kasî gvì nì iwo I sî àŋena nì ànôyn a, fî dyèyn mìtam mì ìla' nâ mèyn. 27 Àŋena fè'tì sì ŋweyn i bè na, " ghès i ti meyn ndù Ila' a fì a wà tî tùm ghes ateyn. Yi lutî kuŋ ki nô nì igheyn i nyam I nì ìlû, a ghi fitam fi ateyn tèyn.	showed them the fruit of the land. 27 Then they told him, and said: "We went to the land where you sent us. It truly flows with milk and honey, and this is its fruit.
I yeyn nâ ìyèynì nà luynsî mèsì kɨ nô ìwo zɨ a Fɨyìnì fɨ bè na à ti ta yi na ghɨ ila' nâ ghàyn. Wu fî fù tɨchfɨnɨ tɨ ŋweyn kɨ ngalì ɨ ngalì. Eksìdòs 3: 8,17, 13: 5, 33: 3.	This is a complete confirmation of what the Lord said would be the case in the land. And His promises had been repeated time after time. Exo. 3:8,17; 13:5; 33:3.
'ìgheyn i nyàm nì ìlû" nìn ghi ìwo fè'nì àdèn kì a ki n-ghi ila'. Gheli ghibimini ghì a ànena nin yvi ifom ifwo vzì a Fìyìnì fì nin fu nìn ghi ghî a ghi nin ki yeyn fî fsì ìfwo nâ wèyn dzi ibimi. Ghesìnà nin chî wì ifwo a fî a ghesìnà nin ki yeyn nì asi a. Ghesìnà nin keli ifwo vzì a ka wu gamti ghesìnà layn, ifwo i yini, ndzisi, ale'à si nà chi à. Mitì ifwo vzì a Fìyìnì fì nin fu sì wul àntêynì ghi kà' ghi bû yeyn, a bu ki toynî ibimi. Mitì asi a iyvìtì ibimi nin yeyn chwô nkayntì asi.	"Milk and honey" is an idiom for a prosperous land. The only believers who enjoy the provision of God are those who see and appropriate God's provisions by faith. We do not live by sight. We have provisions for today, food, clothing, shelter. But what God provides for the soul cannot be seen, except by faith. But the eyes of Faith-Rest are greater than natural eyes.
Nomba 13: 28-33 28No mɨ tì ghelɨ ghì a ghɨ nɨn chi ila' nâ ghayn nɨn to bem a, ntè'sɨ ateyn sɨ ghɨ ma ghɨ faytɨ meyn fèyntɨ fī gha'lɨ à, fī se sɨ ndù, ghès ɨ yeyn ɨwoyn Anàk a fu. 29Ghelɨ Àmalek n-chî àbàs I tzɨyn, ghelɨ Hitâyt, Jebùs, nɨ ghelɨ Amò, ghɨ chî a kfɨynsɨ, ghelɨ Kenàn ɨ chî mbæ jvà ìgha'nɨ nɨ mbæsɨ jvâ ɨ Jodàn. 30Tèyn Kalèb ɨ chɨmsɨ ghelɨ asɨ nɨ Mosìs, ɨ bè na, "ghesɨnà ko' kɨ lvɨyn ghal ɨ fsɨ ila' ateyn, bòm ta ghesɨnà lì a ghɨ tɨm yɨ ila' ateyn. 30Mɨti ghelɨ ghì a ŋwêyn àŋena n-ko' a mo' ghɨ bè na, "Ghesɨnà nɨn kfeynɨ wì sɨ ko' sɨ kè'nɨ ɨ ghelɨ nâ ghèyn, bòm ta àŋena nɨn to chwô ghesɨnà." 32Àŋena ɨ fu sa' gha I bɨ sɨ woyn ìsɨlæ kûm ìla' zɨ a àŋena ndù ki, bè na, "ila' zɨ a ghès ɨ ndû atyen ta ghelɨ i nki nɨn kasî kutɨ ghelɨ ateyn mzɨ à, nô ghelɨ ghɨ jɨm ta ghès ɨ yèyn a fu wùl ghɨ kɨ iyvɨ a fi. 33Nô tèyn ghès fī yeyn ɨdyoŋ ghêl a fu (ghelɨ ma ghɨ fvɨ isas I ndo nɨ Anàk a ghɨ idyoŋ ghêl), ghès ɨ nà sɨ ghɨ kɨ ta ɨtwàyn asɨ nɨ ghès, fī boŋ ghɨ kɨ tì asɨ nɨ àŋena."	Numbers 13:28-33. 28 Nevertheless the people who dwell in the land are strong; the cities are fortified and very large; moreover we saw the descendants of Anak there. 29 The Amalekites dwell in the land of the South; the Hittites, the Jebusites, and the Amorites dwell in the mountains; and the Canaanites dwell by the sea and along the banks of the Jordan." 30 Then Caleb quieted the people before Moses, and said, "Let us go up at once and take possession, for we are well able to overcome it." 31 But the men who had gone up with him said, "We are not able to go up against the people, for they are stronger than we." 32 And they gave the children of Israel a bad report of the land which they had spied out, saying, "The land through which we have gone as spies is a land that devours its inhabitants, and all the people whom we saw in it are men of great stature. 33 There we saw the giants (the descendants of Anak came from the giants); and we were like grasshoppers in our own sight, and so we were in their sight."
Ikfà'ì nɨn ghɨ wi na àŋena nɨn ndû sɨ kòynɨ nɨ mbàynɨ yi dɨm wi. Ghelɨ Hitàyt na ghɨ nô ìla' I to I a mbzɨ ì mu, a læ kelì àŋena sɨ asɨ ayòn, a nà ghɨ ànena ghali asi sɨ nà nô nì ìfuo ma ghɨ faytɨ nì	There is no doubt that they are up against a formidable enemy. The Hittites were one of the greatest nations in the ancient world; they discovered iron and were the first to use iron weapons. The Johnsites were very

first to use iron weapons. The Jebusites were very

ayòn. Ghelɨ Jebùs na ghɨ ghelɨ ighòŋ to àdya' ma yi to meyn ghà' na ka ghɨ tâm yɨ àŋena nô sɨ a bèŋsɨ ighɨ, nô àlê' kì a àŋena nɨn ku'tɨ lî àdya' ateyn, a ghɨ ntè' ghɨ toŋtɨ na Jèlusalèm. Ghelɨ Àmalek na bòm ɨnfyè'sɨ ghɨ nà ko'sɨ à fi ko'sɨ mɨdeblɨ fî lî woyn nyô' lvɨŋ ìko'sɨ ateyn.	powerful warriors who had not been conquered for several hundred years; their central fortification was a city called Jerusalem. The Amalekites were craft idol and demon worshippers and child sacrificers.
Kalèb nà ghɨ ma wù yeyn meyn ta Fɨyìnì fɨ mèsì nge'sɨ àŋena kɨ ɨlvɨ nɨ ɨlvɨ, mɨtì yi nà boynɨ wì ta ka wù taŋî a ghɨ yvɨ ɨ jɨm. Àŋena nà fâyn ɨdyoŋ ghêl.	Caleb had seen God handle all of their problems time after time, but he was not able to persuade the rest of the people. They were afraid of the giants.
Nombà 14: 16 Mɨtì yi nà boynɨ wì na Fɨyìnì fɨ li ghelɨ nâ ghèyn ɨ ndù nɨ àŋena ila' a fî a wù n-læ nyvɨ na yi fu sɨ àŋena, bòm tèyn wu zue àŋena a nsê ìyum.`	Numbers 14:16 'Because the Lord was not able to bring this people to the land which He swore to give them, therefore He killed them in the wilderness.'
Àtɨmlɨ nâ kèynà nɨn bè ìwo ateyn kɨ ì jɨm. Bôbo nà ghɨ ma wù kà' wù bû gvì nɨ àŋena ila' bòm ta	This verse explains the whole thing. The Lord could not bring them into the land because
(1)iku i àŋena sɨ Fɨyìnì fɨ nà ghɨ a Bɨ,	(1) their attitude toward God was bad;
(2)iku i àŋena sɨ ghelɨ nà ghɨ a bɨ (mbɨsɨ ikfa'tɨ), kɨmɨ nɨ	(2) their attitudes toward people was bad (mental attitude sins); and
(3)àŋena nà ghɨ asœ sɨ Fɨyìnì fɨ nɨ ìye'i i ŋweyni.	(3) they were negative toward God and His teaching.
Nomba 14: 17, 18 17ɨ lvɨyn, ma na jèm na, Bôbo vɨsi adya' a ŋweyn kɨ na bem ɨ lvɨyn, kɨ ta wà sɨ ghɨ ma wà taŋi meyn, bê na 18Bôbo nɨn weynsɨ nô sɨ a ŋaŋ, ma wù luyn meyn nɨ ikoynsɨ isuyn i, lêysɨ fu mbɨ nɨ njaysɨ, mɨti yi boynɨ wì ta ka wù bu'sɨ ɨ vzɨ a wù sœ meyn, ɨ mûtɨ mbɨsɨ ɨ bæ atu nɨ woyn sɨ chem a jàŋ à tal no mɨ sɨ chem a kæ.	Numbers 14:17,18 17 And now, I pray, let the power of my Lord be great, just as You have spoken, saying, 18 'The Lord is longsuffering and abundant in mercy, forgiving iniquity and transgression; but He by no means clears the guilty, visiting the iniquity of the fathers on the children to the third and fourth generation.'
Iwuti I bimi nin gvî ni ngè' sî ijwan vzi a wu n-ko' i gvî ibam. Alâ' kì a ibæ nin ye'i wi woyn anena ateyn, si na dyêyn achfiti sî anena, a woyn jumti dzi si mbzi ni ibo anena. Mosìs na jêm si Fiyìnì na wù jel a dzisi li si si taysi iyeyn na yèynì.	Lack of faith in God affects succeeding generations. Where parents do not teach their children, and set the example for them, the children will follow the worldly ways of their parents. Moses prays to God that somehow He will prevent this.
Nomba 14: 19-23 19Lèsi fu mbi gheli ghèyn, mi n-bo'tì và, kì nô ta ikoynsi isuyn nì và nin be ghi, ki ta wà si ghi ma wà lesi mêyn fu gheli ghèyn, kì si zìtì a Igìb si chem ì lvîyn. 20Tèyn Bôbo bè na. "ma lesi mêyn fu, kì nô ta wà tàni, 21, mitì samo', kì nô ta mi n-chi, ki mbzî I jìm læ na ghi ma yì luyn meyn nì ifòyn ì Bôbo.	Numbers 14:19-23 19 Pardon the iniquity of this people, I pray, according to the greatness of Your mercy, just as You have forgiven this people, from Egypt even until now." 20 Then the Lord said: "I have pardoned, according to your word; 21 but truly, as I live, all the earth shall be filled with the glory of the Lord— 22 because all these men who have seen My glory and

22bòm ta gheli ghèyn nô i jim ta ghi yeyn ifôyn i wum nì chwæ sìsì a mà nì a Igìb kimi nì nse iyum, nà si ma ghi mom meyn ma ngalì ivim yèyn, i fan tî yvì gya i yem, 23Ànena kì nô tèyn là yeyn wi ila' zì a mi n-nyvi sî ibo ànena, nô wùl n-ghi wi nô i mò' a wu tùynsî ma là yeyn.	the signs which I did in Egypt and in the wilderness, and have put Me to the test now these ten times, and have not heeded My voice, 23 they certainly shall not see the land of which I swore to their fathers, nor shall any of those who rejected Me see it.
Întimli nâ wèyn nin fu baynsî à dzi zi a Fiyini fi kà' a wù dyèyn ikôn I nweyn ni atem a junà ni nweyn miti fan ti nè'si ilayn i nfeynfi ni nsa' àti- ati. Wù n-lêsi fu ghel ta ghi n-keli wi ibimi, miti wu fi tuynsi kimi ghi dvîni ateyn na anena læ zî wì ila' a fi a ghi chfini.	These verses provide great insight into how God's love and grace can be shown while not compromising His justice and righteousness. He forgives the people for their lack of faith, but He still forbids the majority from entering the promised land.
Nomba 14: 24 Mɨtì wul ɨ felɨnɨ nɨ mà Kalèb, bòm wù n-kelɨ ayvɨs a kɨ lu à a ŋweyn antêynɨ, fĩ na jûmtɨ mà a ghɨ wi abe', ma nɨn lî ɨ ŋweyn zɨsɨ ila' a fĩ a wù n-ndû ateyn, a woyn ŋwen læ yɨ ila' ateyn.	Numbers 14:24 But My servant Caleb, because he has a different spirit in him and has followed Me fully, I will bring into the land where he went, and his descendants shall inherit it.
Kalèb nà ghi si a nyin. Wu nà yvitî ìwo I Fiyìnì ki michi in jim, fî ghal ibimi iwo fî a wù yè'i iwo I Fîyìnì ni tichfîni ti nweyn ti. Bòm tèn wu nà keli ìkfâ'ti yì nyansi à fî faytî kya si nà chî a mba'ti Fiyìnì.	Caleb was different. He listened to the Word of God every day, and He maintained an attitude of faith that was in line with the doctrine and promises he had learned. Therefore he had a relaxed mental attitude and a good knowledge of how to function in God's plan.
Nomba 14: 25-30 25Tèyn gheli Àmalek nì gheli Kenàn ghi chî ifyàyn, à læ na ghi a libis yi bèynlì i fvì i ndù dzi a nse ìyum a dzì i Red Sea." 26ì Bòbo i taŋî sî Mosìs nì Alôyn i bè na, 27Mà lì a mà weynsi chèm ti a nì àjâŋ a bi a kèyn a ki nin dîmlì kûm mà a? Ma yvi meyn àwo kì à a woyn ìsìlæ nin dîmlì kûm mà. 28Bè sî àŋena, "ta mi n-chi, ' a bè i Bòbo, kì ta yì tàŋî a ma àtùŋli, mi nî ki tì: 29Awuyn a kfi ni-a nì ghî a ghi dìmlì kûm ma nì nyiŋî a nse ìum, nô zì ghì jìm ta ghi læ taŋ i zi i lèm àkôn, si zìtì a bèŋ mìvim in bò si ko' asi. 30A bu ki Kalèb i wâyn Jèfunè' nì Joshwà i wâyn i Non, nô wùl i mò' læ zî i wì ila' nâ ghàyn a mi kàyn na mi fu a zì na chî ateyn.	Numbers 14:25-30 25 Now the Amalekites and the Canaanites dwell in the valley; tomorrow turn and move out into the wilderness by the Way of the Red Sea." 26 And the Lord spoke to Moses and Aaron, saying, 27 "How long shall I bear with this evil congregation who complain against Me? I have heard the complaints which the children of Israel make against Me. 28 Say to them, 'As I live,' says the Lord, 'just as you have spoken in My hearing, so I will do to you: 29 The carcasses of you who have complained against Me shall fall in this wilderness, all of you who were numbered, according to your entire number, from twenty years old and above. 30 Except for Caleb the son of Jephunneh and Joshua the son of Nun, you shall by no means enter the land which I swore I would make you dwell in.
Ifayti i fè'tì i abe afimni a kì a ki n-ghi ayvis. Fìyìnì fi jàn gheli nâ ghèn na ajân a bi a i bè na mbi zì a yì n-gvî nì ikfi-i n-ghi a ànena atu sî ghi dvini a ghelì a fî a ghi lèma meyn.	A description of darkness in the soul. God calls this people an evil congregation and pronounces the sin unto death on the majority of the adult population.
Ànkumtɨ ìmòmsɨ na mû nà ghɨ wi- Nomba 20	The Second No-Water Test - Numbers 20

Si kì ta yi gàn ko', ghesìnà nin ghi lvîyn a ngò'sì bèn 40 ta ghi n-kal a nse ìyum mà a nì ì mbi fì ghi ta ghi n-keli wi ibimi a àjan a fì a ki kù' chwò. Gheli ghi dvini ghì a à tî nà ghi ìlema ibàmi bènsi 39 si ghi ma ghi kfiti men a nsê ìyum. Lvîyn, woyn ânena si ghi ghìlema, ghi bula ghi yè'i ìwo nô sakos! Bòm ta ghi fi meyn gvì nì ''ìmômsì-i na mû ghi wi'', kìmi àlè' nâ ghè, awo ghi kimi ta kì nà ghi si asi.	Historically, now, we are near the end of the 40 years wandering occasioned by the sins and unbelief of the previous generation. Most of those who were adults 39 years ago have died in the wilderness. Now their children are adults, and they have apparently learned nothing! For here is a repetition of the "no-water" test, in the same location and virtually under the same circumstances as the first one.
Nombà 20: 1	Numbers 20:1
Tèyn woyn ìsɨlæ, kɨ nô ànôyn à jɨm, gvì a nse ìyum a Ziyn a njoŋ yî àsɨ, ghelɨ dù'ì a Kàdêsh, Miliyàm ɨ kfɨ a fu ghɨ gvɨmì ŋweyn alè' nâ ghàyn.	Then the children of Israel, the whole congregation, came into the Wilderness of Zin in the first month, and the people stayed in Kadesh; and Miriam died there and was buried there.
Mìliyàm n-læ kfi aleŋ ilvi nâ ghàyn, ghi gvimì i ŋweyn a Kàdêsh. lkfi i ŋweyn nin lî àlè' a tîkfi a fî a ghi nà cho' gò'si gheli isas i mbi a fî a yì gvî ni ìkfi-i, a ghi ìbonsi-i Fiyìnì. Ajàŋ a fi a nà ghi nâ àŋena na boŋ chi à ye'tî a iyvîtì ibimi a.	Miriam died at this time, and she was buried in Kadesh. Her death is representative of those who were removed under the final stage of divine discipline, the sin unto death. Now the new generation faces the issue of Faith-Rest living.
Nomba 20: 1	Numbers 20:2
Lvɨyn mu nà sɨ ghɨ wi sɨ ànôyn a ghêl a, àŋena yvɨŋtɨ aka' à mò' sɨ kè'nɨ nɨ Mosìs ŋêyn Alôyn.	Now there was no water for the congregation; so they gathered together against Moses and Aaron.
"Mu na ghɨ wi sɨ ànôyn a ghèl à" Fɨyìnì fɨ nɨn vɨsî tɨ mômsɨ kɨ a dzɨsɨ a dzɨsɨ, a nâ ghɨ ɨlvɨ fɨ lì, a gàn iwo i bzɨ-i, atem a yafɨnɨ-a, atu a kufinɨ-a, kèsa awo ta kɨ nɨn to kɨ nô ta ghɨ na bê na "nô àlè' a mu a n-ghɨ wi."	"There was no water for the congregation" God will permit tests of all sorts, usually in the form of some disaster, heartache, frustration, or pressure situation which could be classified as a "no-water" situation.
Wà kà' a wà toynì chwò aleŋ ilvi "nô alè' a mu ghi wi" a dzî sì bò. Wà kà' a wà na kiŋ si mèsì ngè' ateyn si a wa ngeŋ, kìmi ta wà kà' a wà li ì we iwu nì Fiyìnì fì. Iwo zì a i n-to nin ghi izi-i a yi n-gân antêynì nì wùl. Yè'tî a Fîyìnì, lî tìchfinì ti ŋweyn ti, dyêyn na wùl nìn keli si sàytì si nà kya iwo i Fîyìnì fî keli ìbimi a dzì i jùŋ sî Fiyìnì fì nì ìye'i i ŋweyn i.	You can handle a "no-water" situation in two ways. You can try to solve it yourself, or you can put it into the Lord's hands. The issue is what takes place in the soul. Resting in God, claiming the promises, requires categorical knowledge of the Word of God and a proper attitude of faith toward the Lord and His teaching.
Nô ìwo i bû timi nà to gha' a ilvi ta ghi lì kì a dzi nì Fìyìnì fì. Wùl ì bimini vzì a wù lî awo a dzî Ŋwà'lì Fìyìnì nîn dyêyn fvìsì àwo kì si idvì a ŋweyn a nchînì, bà'sì ki nô si nà keli ikfâ'tì i nyaŋsi ni-i, nkàyntì isaŋli nì ìyalì-ì, fî ye'tì a tìchfìnì nì Fìyìnì fì.	No hopeless situation is really hopeless when viewed from the divine viewpoint. A believer who has Bible principle applied in his life is going to manifest many things, including a relaxed mental attitude, true happiness and joy, and a reliance on promises.
Aleŋ ta àlê' a mu a nɨn ghɨ wi nô sakos n-lum ghɨ wi àlê' mu ghɨ wi ateyn sɨ Fɨyìnì fɨ. Wù n-ba'tɨ mu nò mɨ sɨ inkì àlè' à kà jæ ta ka ghɨ bòm mbzɨ. Mɨti tɨchfɨnɨ tɨ Fɨyìnì ghɨ lum tzɨyn wi tzɨyn atu nɨ wul i bɨminɨ. À n-ghɨ dzɨ zɨ a wu n-dyèyn ikôŋ i ŋweyn	A no-water situation is never a no-water situation with God. He has provided the "water" for every situation before the world was created. But the promises of God are never superimposed on the believer's life. They are an expression of His love, but God does not force His

ateyn, mɨtì Fɨyìnì fɨ bû tìmi na tzɨyn ɨ tzɨyn ikôŋ i ŋwen atu nɨ ghesɨnà.	love upon us.
Wùl à bɨminɨ vzɨ a wù n-chi wi antêynɨ ìwo i Fɨyìnì nâ kelɨ mbɨsɨ ikfà'tɨ, tɨfâyn, ɨfɨmsɨ, item ta yì n-fu nge', ànlùe, kɨmɨ nɨ a li a. Awo nâ kèynà fvɨ a ndayn tonɨ idɨmlɨ. Wùl ɨ bɨminɨ vzɨ a wu n-kelɨ iwo i Fɨyìnì a ŋweyn antêynɨ nâ dyêyn ìkôŋ i ŋweyn sɨ Fɨìnì fɨ toynɨ a iyvɨtɨ ibɨmi.	The believer who does not live in the Word has mental sins, fears, worry, anxiety, bitterness, etc. And this is expressed through murmuring. The believer with doctrine in the soul expresses his own love for God through Faith-Rest.
Nomba 20: 3 i gheli nà kè'nì Mòsìs i taŋî à i bê na: ''À fu ndà ma woyn-nà ghes n-læ se si kfi asi nì Fiyìnì fì ghès i boŋ kfi a!	Numbers 20:3 And the people contended with Moses and spoke, saying: "If only we had died when our brethren died before the Lord!
"Ghelɨ faytɨ yòl (meribah) sɨ Mosìs"À nâ ghɨ kɨ ta awo ndù a sœ, fɨnì fɨ mbɨ zɨ sɨ nà dyêyn abe a fɨmnɨ-a kì a kɨ n-ghɨ antêynɨ, ànlùe, to sɨ lèsɨ sɨ fu, ifâyn. Yi nì na ghelɨ na dɨmlɨ sɨ ghelɨ ghɨ asɨ ghì a Fɨyìnì fɨ n-fu, àŋena nà ghàm Mòsìs nɨ Alôyn kûm no mɨ gha ta yi n-ghɨ.	"The people chode (meribah) with Moses" As soon as things go wrong, the sin natures begins to express the darkness in the soul, bitterness, implacability, fear. This causes the people to murmur against the authority which God has provided and they blame Moses and Aaron for the whole thing.
Gheli nâ gheyn nin keli ki ìkfâ'tì si kfi ì kfi, yi lutî dyêyn ìnè'à zì a yi n-ghi antênì, mutì ki tèyn kfinî ìku, ma ghi bu'li meyn si nà faytî ku si awo kì a ki n-gâyn ko' a nchînì.	These people are actually suicidal, an evidence of great inconsistency, extreme emotional swings, and complete disorientation to life.
Nomba 20: 4-5 4Wà tî lì nô ànôyn a Fîyìnì ì gvì nì àkèyna a nsè ìyum bòm ghà, kì nô ta ka ghès kfiti bà'si nì nyam sesi a? 5Wà tî lì fvìsì ghès a Igìb bòm nô ghà, ki nô si lì si gvì nì ghès alè' a bi a afeyn a? À n-ghi wi alê' kì a asaŋ ni ghi ateyn, nì mìtam, nì àlu'à kesa abo', a fì ghi mû ghi wi si nyvi.''	Numbers 20:4,5 4 Why have you brought up the assembly of the Lord into this wilderness, that we and our animals should die here? 5 And why have you made us come up out of Egypt, to bring us to this evil place? It is not a place of grain or figs or vines or pomegranates; nor is there any water to drink."
Tò' ki i yèyn ì, "alê' a bɨ a" ta anôyn kèn nɨn bê n-ghɨ kɨmɨ àlê' kì a Fɨyìnì fɨ nɨn læ lèm ikôŋ i ŋweyn ateyn nɨ àtem a juŋ à sɨ asɨ, ɨ fu mu! Wul ɨ bɨminɨ vzɨ a wù jàŋ i zɨ a ghɨ nì kɨ salû na à ghɨ "àfo a bɨ a" n-ghɨ faytɨ kelɨ àlemtɨ a ŋweyn antèynɨ. Åŋena nɨn kelɨ icho'nɨ ikè'nɨ sɨ àtem a juŋ à bà'sɨ nɨ tɨchfɨnɨ tɨ Fɨyìnì. À n-ghɨ ikfà'tɨ ɨghɨ i ngeŋ nɨ àŋena ghɨ koynsɨ ìsuyn sɨ ngeŋ. Ikfà'tɨ i àŋena n-ghɨ ma à luyn kɨ mbɨsɨ ikfà'tɨ sɨ nà kelɨ ifɨmsɨ, ànlùe, isɨ i bzɨ-i. Iku-i àŋena ne'à. À ghɨ iku ikfà'tɨ àŋena ki àwo kɨ a dzɨ nɨ wùl nɨ ifyê' ɨ wul ɨ.	Note, this "evil place" that the congregation is complaining about is exactly the same place where God had demonstrated His love and grace before, by providing water! The believer who calls Grace "evil" has a badly scarred up soul. They have negative volition to grace and the promises of God. In their self-consciousness they have self-pity. Their mentality is dominated by mental attitude sins of worry, bitterness, vindictiveness. Their emotions are unstable. And in their conscience they have strictly human viewpoint and standards.
Àŋena nà kfà'tì ki ta miwoli nin chwô ko' i, kiŋ na miwoli nâ meyn fu isaŋli si àŋena. No mi wul i bimini i kfà ta wù visi iwo i Fiyìnì nà ki ta miwoli n-ghi a nchîni si keli ifwo si nà fî saŋli à yi koli	They are thinking of the details of life, and they expect the details of life to bring them happiness. Any believer who ignores the Word of God and looks to details of life for provision and happiness has had it! The Word of God

meyn ŋweyn!. Iwo i Fîyînî nɨn sô' wùl ɨ bɨminɨ sî Fìyìnì fì, ikfà'tì i wul ì ɨ sô' ì ŋweyn dzɨ a Igìb.	points the believer toward God; human viewpoint points him toward Egypt.
Wùl ì bɨminɨ n-kæ sɨ kasɨ ì jàŋtɨ ìwo a ŋweyn ikfà'tɨ, iwo yi foma, a bu na wù kasì jàŋtɨ tɨchfɨnɨ tɨ Fɨyìnì, wù ''n-kasî kì ndû sɨ a Igib.'' Kɨlitèn vzɨ a wù chî a mɨdzɨtɨ mɨ ifu i salû kà' a wù vɨsì Ìgib kɨ samo'. Wù na ghɨ à jûŋ i saŋlɨ no mɨ iwo i kà, bòm ta Fɨyìnì fɨ nɨn ngaŋtɨ chwô no mɨ ìwo ibemnɨ-i ì kà.	When a believer recalls something from his past, something pleasant, instead of recalling he promises of God, he is "looking back at Egypt." A Christian who operates on Grace principles can take Egypt of leave it. He will be confident and happy in any situation, because God is greater than the most hopeless situation.
Fɨyìnì fɨ n-dyêyn ìkôŋ I ŋweyn sɨ ghesɨnà toynɨ awo a tolɨnɨ-a a dzɨ ma yi kà' yi bû nà boynɨ iyvɨ. Iyvɨ nɨn ghɨ àlê' a àtì-ati, nô inki nge' I li lum ghɨ wi a fu.	God demonstrates His love for us through adversity in a way that would be impossible in Heaven. Heaven is perfect environment, with no problems of any kind.
Hìbìlù 3: 7-9. 'À ti iwo zì a Ayvis a Ŋwa'ni-a nin bê na yi yvi gya Fìyìnì layn, ka yi n-to nì itu ta ghìbo ghi nin læ to itu ta àŋena nà ghi a nse ìyum. Àŋena nin to meyn nì itu i tuynsi na àŋena nin nî wì iwo zì a Fiìnì fi bè, môm si yèyn nâ fi jèlì ti a meribah: ma ghi lì a ibènsì I Hibìlù a Njàŋsì 95: 8-11). À na ghi itu' nâ ghè a nse ìyum ghìbò ghi yeyn awo a kayni-a kì a Fìyìnì nì si a bèŋ mìvim in kæ, no mi ta àŋena nin yeyn tî i nà fi môm Fìyìnì".	Hebrews 3:7-9 "Wherefore, as the Holy Spirit says, today if you will hear His voice, harden not your hearts, as in the provocation (meribah: from the Hebrew of Psalm 95:8-11), in the day of trial in the wilderness, when your fathers put me to the testl, proved me, and say my works forty years."
Sɨ "tosɨ item i wûl" n-ghɨ sɨ nà lum kelɨ wi ibɨmi a Fɨyìnì nɨ iwo I ŋweyn i ma wà chò'nɨ cho'nɨ.	To "harden one's heart" means to have a habitual and willful unbelief in God and His Word.
Fɨìnì fɨ nà bê kɨ samo' sɨ ghelɨ nô sɨ a bèŋsɨ 40 sɨ jɨm ta ghɨ nà kalɨ a nse ìyum, mɨtì àŋena fe ìmômsɨ ta no "mû nà ghɨ wi".	God was faithful to the people for the whole 40 years of wilderness wandering, yet they failed the "no water" test.
Sæsi si nà keli iyvîtî ibimi.	The Benefits of Faith-Rest
Ta kɨlitèyn nɨn lema ifu atem a juŋà nɨ Fɨini fɨ, wu na chî iyvɨtɨ ibɨmi kɨ nô itofi nɨ adya'a wu ndûtɨ kɨ asɨ, yi fī ghɨ sɨ gàmtɨ ɨ ŋweyn na wù na kfâ'tɨ a dzɨ nɨ Fɨyini fɨ fī ni àwo kì a fɨ n-kɨŋ. Iyvɨtɨ ibɨmi n-faytɨ yè'tɨ kɨ ifèl i Ayvɨs a Ŋwa'nɨ-a ta wù n-chi antêynɨ, bòm tèn, wul ɨ bɨminɨ nɨn sæ kɨ iyvɨtɨ ibɨmi kɨ ɨlvɨ ta wù n-jèlɨ a tisɨ Äyvɨs.	As a Christian grows in grace, he will use Faith-Rest with increasing skill and power, and it will support all of his divine viewpoint thinking and production. Faith-Rest relies entirely on the continuous ministry of the indwelling Holy Spirit, therefore the believer will benefit from Faith-Rest only when he is in fellowship, walking in the Spirit
Rome 14: 23 "Mɨtì wul ɨ kæ sɨ nà yɨ àfo ɨ kfâ' ɨ kfa' i na kɨ n-jofà, a Fɨyìnì fɨ be na wù bebsɨ meyn ìwo, bòm ta wù n-yɨ àfo ɨ kfa' ɨ kfa' na kɨ n-jofà. Wùl ɨ kæ sɨ nà nî no mɨ ghà ɨ kfa' ɨ kfa' na yn-jofɨ sɨ nì, a yi na dyêyn na wù n-nî mbɨ.	Romans 14:23 But he who doubts is condemned if he eats, because he does not eat from faith; for whatever is not from faith is sin.
Iyîti ibimi nà ghi dzi zi a gheli ghibimini nà chî nchîni ibimi a Mîkàyn in Mû.	Faith-Rest was the means of spirituality for believers in the Old Testament.

Hàbakùk 2: 4 "Yeyn kɨ dzɨ ɨ zɨ a ghelɨ ghì a ghɨ nɨn ghaŋsɨ ɨwun n-ghɨ ateyn a, ayvɨs a ŋweyn a nɨn ghɨ wì àtì-ati antêynɨ nɨ ŋweyn, mɨtì wùl àtì-ati læ nà chi à a tisɨ ìbɨmi i. ŋweyn	Habakkuk 2:4 "Behold the proud, His soul is not upright in him; But the just shall live by his faith.
Jàŋ Hibɨlù 11	READ Hebrews 11
Rome 4: 17-25 17Yi n-ghɨ kɨ ighel ta ghɨ nà' a Ŋwa'lɨ Fɨyìnì àlè' ghè a ghɨ nà taŋi ateyn sɨ Abɨlàhâm tì na, "ma lem meyn và sɨ a bæ sɨ tɨla'tɨ tɨ dvî kɨ tèyn". Fɨyinì fifi a Abɨlàhâm nɨn bɨmi fɨ nɨn lem meyn ŋweyn sɨ a bæ sɨ ghesɨnà. Fɨ nɨ meyn na ghelɨ ghɨ kfɨtinɨ kasî nà chi à. Fɨ n-læ bè kɨ nɨ ɨchfɨ na ɨfwo na ghɨ, wu nà ghɨ, bula wu læ nà ghɨ, 18Abɨlàhâm nɨn bɨmi meyn Fɨyinì ɨ nà ti kɨ atu ɨbɨmi nɨ ŋweyn no mɨ yi nà n-kê' sɨ ghelɨ na iwo zɨ a wù bɨmi læ kfeyn wi. Wù nà n-tɨ kɨ atu ibɨmi nɨ ŋweyn ilæ nà sɨ ghɨ bæ sɨ ghelɨ tɨla' nô sɨ idvɨ kɨ ighel ta ghɨ læ chfɨnɨ sɨ ŋweyn bè na, "Ghelɨ ɨtweŋ ndo nɨ và læ nà dvɨ kɨ tèyn". 19Wù n-bu læ bolɨ sɨ a ŋweyn ibɨmi no mɨ ta wù nà n-sɨ ghɨ ma ɨlwema zɨ meyn sɨ a ŋweyn ɨwùyn, wu nà sɨ ko' ndû bèŋ ɨvɨ, bu kelɨ wi adya', wî ŋwen Sɨla bzɨ wì. 20W ù n-bu læ nè'lɨ sɨ atu ibɨmi nɨ ŋweyn, ɨ læ faŋ tɨ kfa' ɨ kfa' iwo kûm ichfɨnɨ I Fɨyini. Wù nà kwo lemā ndû kɨ asɨ a ŋweyn ibɨmi, ko'sɨ Fɨyinì. 21Wù nà faytî kya kɨ nô samo' na Fɨyinì fɨ nɨn kelɨ adya' sɨ ni iwo zɨ a fɨ nɨn læ chfɨnɨ. 22À ti iwo zɨ ayi n-læ nì, Fɨyinì fɨ ɨ lì ɨ ŋweyn sɨ a wûl ati-ati. 23Iwo iyèynì a ghɨ nyà' têyn kûm Abɨlàhâm na "ghɨ n-læ men lì ŋwen sɨ a wûl ati-ati" nɨn ghɨ bula ghɨ nyâ' kɨ sɨ ŋweyn. 24Ghɨ n-læ boŋ nyà' kɨmɨ sɨ ghesɨnà ghî a ghɨ nɨn bɨmi Fɨyinì fifɨ a fɨ n-læ làysɨ Bôbo ghesɨnà Jisòs sɨ ikfɨ. 25Fɨyinì fɨ nɨn læ fu ŋweyn na ghɨ zue bòm mbɨsɨ ghesɨnà, ɨ kasî làysɨ ŋweyn sɨ ikfɨ sɨ nì na ghesɨnà na ghɨ atì-ati asɨ nɨ nfeynfɨ.	Romans 4:17-25 17 (as it is written, "I have made you a father of many nations") in the presence of Him whom he believed—God, who gives life to the dead and calls those things which do not exist as though they did; 18 who, contrary to hope, in hope believed, so that he became the father of many nations, according to what was spoken, "So shall your descendants be." 19 And not being weak in faith, he did not consider his own body, already dead (since he was about a hundred years old), and the deadness of Sarah's womb. 20 He did not waver at the promise of God through unbelief, but was strengthened in faith, giving glory to God, 21 and being fully convinced that what He had promised He was also able to perform. 22 And therefore "it was accounted to him for righteousness." 23 Now it was not written for his sake alone that it was imputed to him, 24 but also for us. It shall be imputed to us who believe in Him who raised up Jesus our Lord from the dead, 25 who was delivered up because of our offenses, and was raised because of our justification.
Alê' a to a lì a Ŋwà'lɨ Fɨyìnì kûm iyvɨtɨ ibɨmi n-ghɨ Hibɨlù 3 nɨ 4, nô àlê' kèynà sɨ zɨtɨ 3: 6 sɨ chem a 4: 16. Jàŋ àlê' nâ kèynà a Ŋwà'lɨ Fɨyìnì nɨ và jæ ta ka wà na ndû asɨ.	One of the principle passages relating to Faith-Rest is Hebrews 3 and 4, particularly the section from 3:6 to 4:16. Please read this passage in your Bible before proceeding.
Afêyn n ì n ghɨ mɨdzɨtɨ ɨn lì ta ka ghɨ na yvɨtɨ ibɨmi	Following are some principles of the Faith-Rest system:
	1

ateyn:	
Iyvîtî ibimi lù sî Fîyînî fî, wu ghi atî-ati. Nô ifêl I li kesa iwo ta wùl î nî n-ghi ta ghi kà' a ghi na kfeynsî a ifu Iŋwa'ni-I nî Fîyînî.	Faith-Rest is from God, Who is perfect. No human works or deeds can be added to this perfect divine provision.
Sɨ zɨ iyvɨtɨ nɨ Fɨyìnì fɨ wûl ɨ bɨminɨ nɨn kelɨ sɨ timi sɨ na bu fi nî wì ifêl I ŋweyn i (njùŋ sɨ a ngeŋ) sɨ lù zɨ a iyvɨtɨ wu kelɨ wi sɨ nà fî nî iwo. À n-ghɨ Àyvɨs a Ŋwa'nɨ-a wu n-nî ifêl ateyn. Hibɨlù 3: 7 sɨ chem a 4: 16.	To enter into God's rest, the believer must cease from his deeds (human good) and enter into a rest in which he does no work. The Holy Spirit does the work, Hebrews 3:7 to 4:16.
À n-ghi ìbimi ta ghi n-kin, a ghi wi ifêl. Ibimî nin dyêyn na wùl nin keli wi si nà ngeyn akô'lì iwo. Àko'lì iyvìtì ibimi nin ye'tî ki afo fì a ibimi nin ki ndûsì, Fìyìnì i Bà ni iwo I nweyn i. Tiye'i nì tìchfìnì ti iwo Fìyìn'I nin ghi ghi keli si fyes nì ibimi. Hibìlù 4: 1,2.	Faith is required, not works. Faith implies the absence of human merit. The merit for Faith-Rest lies in the object of faith, God the Father and His Word. The doctrines and promises of the Word must be mixed with faith, Hebrews 4:1,2.
Iyv î ti ibimi nî na wùl na bu fi keli wi adili a ŋweyn ikfà'ti fi ni à wùl i tim i mbisi ikfà'ti.	Faith-Rest produces a relaxed mental attitude and victory over mental attitude sins,
Ìsayà 26: 3,4 Wa nì lêm ì ŋweyn antênì nkàyntì mbôynì, i vzî a item I ŋweyn I nin ghi ki sî và, bòm ta wù n-samsî a và. 4Samsi Sì Bô Fìyìnì ki samo', bòm ta a n-ghi a Yah, ghi Bôbo, a ghi àdya' kì a ki fàŋ meyn samo'.	Isaiah 26:3,4 You will keep him in perfect peace, Whose mind is stayed on You, Because he trusts in You. 4 Trust in the Lord forever, For in YAH, the Lord, is everlasting strength.
Rome 5: 5 Ghesɨnà kà' ghɨ bû læ wò afo nâ kèynà a ghesɨnà nɨn ki ndûsɨ nà ànkeyna tên bòm ta Fɨyìnì fɨ n-fu men Ayvɨs a Ŋwa'nɨ-a, kɨ na dyêyn ìkôŋ î nfeynfɨ sɨ ghesɨnà.	Romans 5:5 Now hope does not disappoint, because the love of God has been poured out in our hearts by the Holy Spirit who was given to us.
Iyv î ti ibimi nin ghi àlê' kì a adya' ijèm à nin lù ateyn	Faith-Rest is the basis for dynamics in prayer,
Matìyò 21: 22 Yi kæ sɨ nà jêm à bɨf no mɨ gha sɨ Fɨyìnì fɨ, a fɨ fu sɨ zɨ ɨlvɨ ta yi bɨmi.	Matthew 21:22 And whatever things you ask in prayer, believing, you will receive."
Mâk 11: 25 "Wà n-timi no mɨ ɨlvɨ gha sɨ jèm, nà kelɨ ìwo zɨ wùl, wa lèsɨ ɨ fu ŋweyn ta ka Bo vâ vzɨ a wù n-ghɨ iyvɨ bôŋ ɨ lèsɨ fù ɨ mbɨ shyasɨ.	Mark 11:25 "And whenever you stand praying, if you have anything against anyone, forgive him, that your Father in heaven may also forgive you your trespasses.
Iyvɨtɨ ibɨmi nɨn ghɨ dzɨ zɨ a ghɨ n-tɨm yɨ ateyn ighòŋ abàs ayvɨs/	Faith-Rest is a principle of victory in spiritual warfare.
Hibɨlù 11: 6 Fɨyìnì fɨ kà' fɨ bû nà saŋlɨ à kûm wul wu kelɨ wi ibɨmi. À kæ sɨ nà kɨŋ mɨ ndà sɨ nà ko'sɨ Fɨyìnì a wù na bɨmî na fɨ n-ghɨ, boysɨ ghelɨ ghì a ghɨ n-kɨŋ	Hebrews 11:6 But without faith it is impossible to please Him, for he who comes to God must believe that He is, and that He is a rewarder of those who diligently seek Him.

sɨ nà kya nfeynfɨ.	
	411 545
 1 Joyn 5: 4-5 4bòm ta no mɨ wayn Fɨyìnì ɨ kfà sɨ ghɨ ma wù tɨm meyn yɨ mbzɨ. À n-ghɨ ìbɨmi I ghesɨnà a yi nì na ghesɨnà tɨm yɨ mbzɨ. 5. Àtì kà' a à tɨm yɨ nda mbzɨ a? À kà' a à tɨm yɨ kɨ ɨ vzɨ a wù nɨn bɨmi na Jisòs n-ghɨ Wâyn Fɨyìnì. 	1 John 5:4,5 4 For whatever is born of God overcomes the world. And this is the victory that has overcome the world—our faith. 5 Who is he who overcomes the world, but he who believes that Jesus is the Son of God?
Iyvîtî ibimi nin ghi àbàs a dzi nchînî nî kîlitènsî iu' chôs.	Faith-Rest is a part of the Christian Way of Life in the Church Age,
2 Kolìn 5: 7 Yi n-ghɨ tèyn bòm ta ghesɨnà nɨn chi bòm ìbɨnmi zɨ a ghesɨnà nɨn kelɨ a wi bòm ta ghesɨnà n-ki yeyn iwo	2 Corinthians 5:7 For we walk by faith, not by sight.
Sɨ yeyn na iyvîtì ibɨmi nɨn to n-ghɨ a tîchfɨnì tɨ chwô 7000 kûm no mɨ àleŋ à kà a chînì nì wul ibɨminɨ ta ka wul ibɨminɨ na lì à no mɨ a dzɨ ì kà. Ki, sɨ achfɨtɨ.	The extent to which Faith-Rest applies to every aspect of a believer's life can be seen in the more than 7,000 individual promises in the Bible which can be claimed by the Christian in one way or another. See, for example,
1 Bita 5: 7 Yì lî gvì nɨ àfɨm à ki-a nô ɨ jɨm, ɨ fù sɨ ŋweyn bòm ta wù n-kya ìwo ì zɨ-i.	1 Peter 5:7 casting all your care upon Him, for He cares for you.
Ìsayà 41: 10 Ka wà na fayn à, bòm ta ghes ì và nin ghi a mo'. Ka na chiŋti à, bòm ta mi n-ghi Fìyìnì fi-a fi. Mi nì fù àdya' sî và, mi nî gâmtì và, mi nì ghali lâysì va nì awu ikœ ì two nì mà ki a ki n-ghi àtì-ati.	Isaiah 41:10 Fear not, for I am with you; Be not dismayed, for I am your God. I will strengthen you, Yes, I will help you, I will uphold you with My righteous right hand.'
Njàŋsɨ 4: 8 Mɨ nɨn lutɨ nyɨŋì kɨ nô nɨ mbôynɨ, nà bunî à, bòm ta à n-ghɨ kɨ Và nɨnyɨŋ, o Bôbo ta wà n-nî ma bunî nɨ mbôynɨ.	Psalm 4:8 I will both lie down in peace, and sleep; For You alone, O Lord, make me dwell in safety.
Njàŋsɨ 55: 22 Mà' adɨli à kya sɨ Bobo, ta ka wû nî tò'tɨ và, wù læ vɨsɨ wì na afo ne'sɨ wul àtì-ati.	Psalm 55:22 Cast your burden on the Lord, And He shall sustain you; He shall never permit the righteous to be moved.
Njàŋsɨ 56: 3 Ifaynì nɨn sesɨ gvì sɨ mà mɨ ɨlvɨ gha, ma nà samsɨ kɨ a Vâ.	Psalm 56:3 Whenever I am afraid, I will trust in You.
Ta ka iyvɨtɨ ibɨmi na lì àlê' kɨlitèyn nɨn kelɨ sɨ nà lî iwo I Fɨyìnì mɨnchi mɨ mbzɨ ɨn jɨm, ta ka wù na kya nâ à n-ghɨ tɨchfɨnɨ tɨ kà ta ghɨ sɨ ghɨ ma ghɨ ba'tɨ meyn lèm a. Kɨlitèyn n-kelɨ sɨ nà ghɨ mɨlvɨ ɨn jɨm ma wù luyn meyn (a tisɨ) nɨ Àyvɨs a Ŋwa'nɨ-a toynɨ ta wù n-fê'tɨ mbɨsɨ ŋweyn a dzɨ Ŋwà'lɨ Fɨìnì. Ghɨ kæ sɨ lì iwo I Fɨyìnì a dzɨ nâ ghàyn a yi gvi nɨ	In order for Faith-Rest to function it is necessary for the Christian to take in the Word of God on a daily basis, so that he learns which promise provisions have been made availabl. And The Christian continually filled (controlled) by the Holy Spirit through confessing sin Biblically. Use of the Word of God in this manner provides the following benefits:

sæ sèyns ì têyn:	
Iyvîtî antènî, "i mbôynî Fîyînî zî a yî n-chwô itof î jîm."	Inner rest, the "peace of God that passes all understanding."
Isaŋlɨ (+l) i ye'tɨ wì a ghêl, awo kì a kɨ n-gà, kèsa ɨfwo.	A happiness (+H) that does not depend on people, circumstances, or things.
Ikfâ'tɨ yi kelɨ wi adɨli bòm ta wà tɨm men yɨ mbɨsɨ ikfà'tɨ	A relaxed mental attitude arising out of victory over sins of mental attitude.
Adya' sɨ kelɨ nkàyntɨ ìkòŋ bòm iwo sɨ ghî a ghɨ n- ba'sɨ sɨ và nɨ nkàntɨ ìkòŋ a ghɨ wi bɔm iwo sɨ ghɨ li.	The ability to have genuine personal love toward those close to you and genuine impersonal love toward others.
Ikôŋ sɨ nà ki ko'sɨ kɨ sɨ Kɨlitùs sɨ nà fî yè'î ìwo I Fîyìnì.	The desire to be occupied with Christ and to study God's Word more.
Fìyìnì fì i naŋsî fu no mi ìwo ì kà.	Divine provision for every need.
Àncho' ta ka ghesìnà tìm yì a iyvìtì ibimi nin ye'tî ki afo a fì a ibimi nin ndû ateyn a ghi ìwo i Finì. Tèyn, no mi àlen à kà a chînì (ntu) Fiyìnì i Bè nto'tì ìyvîtì ibimi.	The key to the success of the Faith-Rest system lies in the validity of the object of our faith, the Word of God Therefore, every aspect of the perfect character (essence) of God the Father supports Faith-Rest.
I dzɨ zɨ a ka ghɨ na lî ìyvɨtɨ ibɨmi ateyn	How to Apply Faith-Rest
Iwo zì a ghi nin ye'i Ŋwà'lì Fìyìnì bòm I nyeyni nin ghi na ghi fu iwo ta ka kilitèyn li yi gamti ŋweyn achi nì achi a` Gheli nin ghi ki si a nyiŋ a dzi si ye'i si fi si kasi si jàŋtì iye'i nì tìchfînì tì ilvi a ghi n-kiŋ.	The objective of Bible teaching is the presentation of Bible doctrine which the Christian can use in his daily life. People differ in their abilities to retain and recall doctrines and promises when they are needed.
Wà nɨn kya wì nâ à na ghɨ ɨlvɨ ghà a wà na kɨŋ ìye'i I li na yi gamtɨ va, ma wà kà' a wà kasî bèytɨ kì fɨle'nɨ fɨ iwo ta wà n-læ ye'i sɨ nfè'tɨ ɨ yè'i nɨ a mɨchi ɨ nchwônɨ. Bòm tèyn, wà nɨ kelɨ sɨ nà fsɨsɨ zɨsɨ ìye'i kɨ mɨnchi ɨn jɨm ta ka iye'i zɨ a ka yi gamtɨ và na ghɨ kɨ ghɨ, kɨ sɨ jya sɨ I jya, a mbaŋi a mbaŋi, atu a atu.	You never know when you will be required to use a particular doctrine, and you may be able to recall only a tiny amount of what you have heard from the Pastor-Teacher in the past. For this reason, you must take in doctrine on a daily basis so that usable doctrine accumulates gradually in small increments, line upon line and precept upon precept.
Mɨwolɨ mzɨ a mɨ n-to wà kelɨ sɨ na kûm tɨ a sɨ fi sɨ wetɨ adya' a mɨdzɨtɨ a fi mɨwolɨ a Ŋwà'lɨ Fɨyini n- kôynɨ ateyn.	There must also be continuous repetition of important principles and reinforcement in learning how various Bible principles interrelate.
Ta wà n-ye'i ndû nɨ Ŋwà'lɨ Fɨyìnì, wa ni yeyn na iwo nɨn ba'lɨ meyn a wa atêynɨ sɨ nì I vâ na wà na ki awo a dzɨ nɨ Fɨyìnì fɨ, a ghɨ ateyn a wà na gɨ ma wà kà' a wà fsɨ, yvɨ kèli, fi nà lî tɨe'i tɨ li tɨ. Samo' nɨ ba'lɨ atu nɨ samo'.	As you study the Bible you will discover that a divine frame of reference is being built in your soul by which you can receive, understand, and apply further doctrinal teaching. Truth builds upon truth.
Ìsayà 28: 10 Bòm ta atu iwo nɨ kelɨ sɨ nà ghɨ kɨ atu ìwo, atu iwo kɨ atu ìwo, mbaŋi atu mbaŋi, mbaŋi atu mbaŋi, kɨ sɨ I jya sɨ I jya a fêyn, kɨ sɨ I jya sɨ I jya a fi."	Isaiah 28:10 For precept must be upon precept, precept upon precept, Line upon line, line upon line, Here a little, there a little."

A wà yeyn na dzì ì zî a Fìyìnì fi nin ki awo ateyn si lî àlê' a dzi a fî a wà nin ki awo ateyn awo kì si I dvì. Wà n-bà'lì ìfyê' Fìyìnì wu n-ghi si nì vâ na wà na chî nì ìtofi, nì ìkîtì-I fî lî tìcho'ni ti jûŋ tì a wa nchînì.	You will see that God's viewpoint is gradually replacing your human viewpoint on many issues. You are building a set of divine standards by which you will be able to exercise wisdom and discernment and make correct decisions in life.
A wà ghe'nì abâs ayvis ilvi ta wà faŋ kì ada' nâ ghàyn si aleŋ ilvi ki dyêf à. Ta wà nin fsisi iwo I Fîyìnì mincchi ìn jìm yi n-gvî kimi nì ìmya'ti ìnyeyni ta wà n-sæ ta wà n-chi fvisì samo'.	You will grow in spiritual maturity if you maintain continuous momentum in the Christian Way of Life for an extended period of time. Your personal intake of the Word of God constitutes its own reward as you benefits from living the truth.
Ta wà nɨn lî iwo I Fɨyìnì nɨ ibɨmî, a wà na guf ɨ fvɨsɨ ìwo I Fɨyìnì ta wà tu' ɨ lèm a wa àntêynɨ I gâmtɨ na wà to ɨ chwò nge'sɨ nà tisɨ ngeŋ ɨ yɨ-à. Iwo I Fɨìnì a wa antèynɨ n-gâmtɨ na wà na chî sɨ a wa ngeŋ, ye'tɨ wì afo a li a a mbzɨ a fêyn, ma wà kà' a wà koynɨ no mɨ nɨ ghà nɨ atem a to a, fâyn wì, ta wà lunsɨ iwo I Fɨyìnì a wa nchînɨ.	In the faith application of the Word of God, you will draw on your accumulated resources of Bible teaching in order to cope with your problems and take control of your own life. The Word of God in your soul makes you self-sustaining, independent of anything in the world system, and able to face life with courage and confidence as you fulfills God's plan for your life.
Iyvîtî ibimi, n-ghi tèyn, ma à bà'lì Fiyìnì si iwo ta ka ghi na ngoynî ateyn to chwô no mi nge' ì kà a nchînî. Toynî IBIMI wà lì ìwo I Fîyînì a dzi yi keli ìtof ma wà fvisî kògsi kì nô a wa antèynì, yi dyêyn na wà nyini men nà nyamî yvîtî a tîchfinî ni Fiyìnì fi.	Faith-Rest, then, is designed by God as a versatile technique for overcoming problems in life. By FAITH you apply doctrine logically from the resources in your soul, meanwhile you are RESTING in the promises of the Word of God.
Mbaŋisɨ sɨ na ye'tî iyvìtì ibɨmi n-ghɨ:	The steps in the Faith-Rest technique are:
1. Wa yɨnɨ zɨ Fɨyìnì fɨ (iluynsɨ I Ayvɨs a Ŋwa'nɨ-a) toynɨ sɨ nà fè'tɨ mbɨsɨ a dzɨ ɨ Ŋwà'lɨ Fɨyìnì.	Establish fellowship with God (the filling of the Holy Spirit) through Biblical confession of sin.
2. A wà na keli wi adili a va ikfàæti bòm ta wà nin lî tichfîni ti Fiìni.	2. You may then recover a relaxed mental attitude by claiming promises from the Word.
3. Ta wà nɨn jâŋtɨ ko'sɨ sɨ nà kfà'tɨ ta Fɨyìnì, wa we ìkfâ'tɨ ì i-a a iye'i a fî a ka yi gamtɨ và ɨlvɨ nâ ghè.	3. As a means of calling up divine viewpoint thinking, concentrate on pertinent doctrines related to the issue at hand.
4. A wà yɨ iwo nà zɨ bòm ta wà me'nɨ meyn ìwo I Fɨyìnì chɨl.	4. Take control of the situation as you reach doctrinal conclusions.
Achf iti a iyv itì ibɨmi-sɨ tɨm sɨ yɨ ifâyn	An Example of Faith Rest - Victory Over Fear
Bòm ta sɨ na ghɨ kɨ iye'i I Ŋwà'lɨ nɨn ghɨ ìwo I to I, a fo kì a Satàyn nɨn faytɨ nu nɨn ghɨ dzɨ zɨ a wà nɨn	Because concentration on Bible truth is so important,
kfà'tì ateyn na ka adya' iwo I Fîyînî na felà. Mbisi ikfà'tì nì si nà kfà'tì ki ìwo I Fîyînî lì yi bû nà ndû aka' à mò'. No mi ndà nin ghi tèyn ma awo lì a ki na gàn sì ŋweyn kì a dzisi a dzisi, kèsa gheli ta ghi nin gvî nì ighaŋsi ìwùyn I, ànlùe, ikfà' i mbzi, ikoynsi isuyn sî ngeŋ, ifimsi, itoŋ i yafini- no mi ghà ta ki n-tzìyn fvîsì ikfà'tì I Fìyìnì.	your mental attitude is a prime target of Satan's attacks against the power of the Word of God. Mental attitude sins and doctrinal thought cannot coexist. Everyone is susceptible to various combinations of events, circumstances, or people who cause arrogance, bitterness, depression, self-pity, worry, anger - anything to block out God's thoughts.

ghɨ mbɨ ìkfà'tɨ ta I n-nî wùl bû nà fî ka sɨ kfà'tɨ a jûŋ, no sɨ nà fî kfà'tɨ a dzɨ Fɨyìnì. Kòŋ a wà na ghɨ ma wà tû' lèm mɨ tì iwo I Fɨyìnì a wa antêynɨ, yi n-lum fèlɨ wì iwo ɨlvɨ ta ifâyn I zɨ gvì.	Fear is a mental attitude sin which shuts down thought and closes out divine viewpoint. No matter how much doctrine is resident in your soul, none of it will help if your mind is immobilized by fear.
Lì ilvi: À n-ghi wi mbi ta ka alimalima basa và, si nà fâyn a fo ki bem a fî kiŋ si lemsi và. Ifâyn zì a à n-ghi mbi nì ìwo ma yi bàla bala, ghi dzi ìkfà'tì, wa bê à yi kê' kì nô na Fìyìnì fì nin gâmtì và kèsa si kìŋtì ilvi nge'.	Note: It is not a sin to be scared, to be afraid of something that is dangerous or which threatens to harm you. Sinful fear, though, is a continuing morbid mental attitude in which you say, in effect, that God cannot or will not protect you in time of danger.
Ifâyn ì nɨn kè'nɨ ìkel I ngeŋ nɨatem a to a nɨ wul ɨ bɨminɨ a nchînɨ kɨlitèynsɨ.	Fear opposes the believer's confidence and courage in the Christian Way of Life,
1 Joyn 4: 18 Ifayn ì nɨn ghɨ antêynɨ ìkòŋ. Ikôŋ zɨ a yi n-kfeynɨ yi n-sâŋ fvɨsɨ ìfâyn nô ì jɨm, bòm ta ifâyn ì nɨn dyêyn na ghɨ n-kelɨ sɨ fu nge' sɨ wùl. Wul ɨ kæ sɨ nà faynà a ikôŋ I Fɨyìnì na kfeynɨ wì a ŋweyn antêynɨ.	1 John 4:18 There is no fear in love; but perfect love casts out fear, because fear involves torment. But he who fears has not been made perfect in love.
À n-ghi ikan si na kya na fidziti fi li fi ta Satàyn nìn nyâŋsì lî sî ghelì ghibimini nin ghi si nì na àŋena na faynà.	It is not surprising to find that one of the strategies most often used by Satan is that of causing believers to be filled with fear.
Sɨ kè'nɨ ifâyn, ndù a dzɨ a fêyn tèyn:	To deal with fear, proceed as follows:
Fè'tɨ mbɨ àteyn. Ifayn ì nɨn ghɨ mbɨ. No mɨ ta ifê'tɨ nɨn tɨm ɨ wi mbɨ, à n-kelɨ sɨ nà ghɨ àfvɨ a kɨ asɨ a sɨ cho'. Ifayn ì nɨn gvìtɨ lì ɨ li ɨ và wa kelɨ sɨ kasi sɨ nyaŋsɨ sɨ gvì a wa itof, ta ka wà na ka sɨ fi sɨ kfa'tɨ sɨ lì iwo I Fɨyìnì. Bòm tèyn, sɨ fè'tɨ mbɨ sɨ fi sɨ kasi sɨ nà yɨnɨ aka' a mò' nɨn ghɨ ìwo I yi asɨ -i.	Confess sin . Fear is a sin. While confession will not conquer fear, it must be the first step. The fear has caught you off guard and you must quickly recover your mental poise and your ability to think and use doctrine. Therefore, confession and restoration to fellowship is the first requirement.
Lì tɨchfɨnɨ. Ibàm ifè'tɨ I mbɨ, ni na ikfà'tɨ I yi-a na nyâŋsɨ à toynɨ a ilì i tɨchfɨnɨ ma tɨ wàŋtɨ waŋtɨ a Ŋwà'lɨ Fɨìni, ta:	Claim promises. Following confession of sin, recover a relaxed mental attitude by claiming promises found throughout the Word of God relating to fear, such as
Ìsayà 41: 10, Tèyn, ka wà na faynà, bòm ta ghes ì và n-ghi a mo', ka na chiŋti à, bòm ta mi n-ghi Fìyìnì fi-a fi. Mi n-fu àdya' sì và, kì nô samo' mi ghali lâysi và nì àwu ikœ i two nì mà vzì a wu n-ghi àtì-ati."	Isaiah 41:10, "So do not fear, for I am with you, do not be dismayed, for I am your God. I will strengthen you, surely I will uphold you with my righteous right hand."
Rome 8: 28 "Ghesìnà nɨn kya na à n-gâyn no mɨ ghà, Fìyìnì fi faytì kɨ sɨ a njùŋ sɨ ghelɨ ghì a ghɨ n-kôŋ ŋweyn. A ghɨ ghelɨ ghì a wu jàŋ na àŋena na nî ta wù bà'tɨ."	Romans 8:28, "For we know in fact, that to those who love God, he works all things together for good, to those who are the called ones according to a predetermined plan."
Wà kæ sɨ faŋ tì bèytì tɨchfɨnɨ tɨ jûŋ tɨ sɨ I dvɨ, wa ki kɨ nô a ŋwà'lɨ a fi a ghɨ n-sô' ndû nɨ ɨtu awo ateyn, kì ta ghɨ nyà' kàlì, kèsa wà jaŋ wul ì jèl nɨ và wù gamtɨ.	If you don't remember many good promises, look them up in a concordance, look at a list of promises, or call a friend for some help.

I-1.0°.21.4 (-12.2.2.01	A constant Calling and Calling
Ichfînì kûm ta Fìyìnì fì lem na wu ni à, a ghi ìwo ta ghi mèmti iwo I Fînì ta ka wà kul ikfà'tì I zya ateyn. Ichfînì ì nin dêyn nchînì Fìyìnì fî nî và na wà na ka ta awo nin ndû ì fî su'sî àwo a to na ki na ghi ki a bol a bol. Àlê' kì a ichinti-I nà ghi ateyn, à lì a à na si ghi mbôynì lvîyn.	A promise is God's guarantee, a capsule statement of Bible doctrine on which to anchor your mental attitude. A promise expresses the character of God and provides you with an instant perspective on things and gives you the ability to reduce the most complicated situation to utmost simplicity. Where panic reigned, peace can now be restored.
Li ilvi: Si nà lî tichfînî nîn ghi ngò'si. À n-ghi ki nzîti si nà yvîtî ibimi. Tichfînî tî kà' ti bû ghàl ikfà'tî I yi-a na adilià na ghi wi ateyn si ilvi i dyâ, ma ti kà' ti bû mèsî aow a to a li a. Tichfînî tî nî ti nà bà'tî ki àleŋ a to a li a iyvîtî ibimi, si nà kfà'tî iwo I Fîyînî.	Note: claiming promises is never an end in itself. It is only the beginning of the application of Faith-Rest. Promises cannot sustain a relaxed mental attitude and they cannot solve complex problems. Promises are used to make possible the most important phase of Faith-Rest, doctrinal thinking.
Wa lî ìwo I Fîyînì. Si lèm atu à kya iwo I Fîyînî àlè' ghè a ghi n-ye'i ateyn ni àlê' kì a wà n-ye'i ateyn n-gvi men ni ìwo I Fîyînî a wa antêyni. Lvîyn, wa lî ìye'i nâ yèyn ì fvisi gvì asi ikfà'ti ni và si gàmti iwo ilvi nâ ghè. À wà "beynsi iwo ateyn a yi ni itof" ilvi nâ ghè.	Apply doctrine. Your concentration on doctrine in Bible class and in your studies has brought doctrine into your soul. Now you will apply this doctrine by moving it to the front of your mind to meet the demands of the moment. You will apply a "rationale" to the situation.
"Sɨ bèynsɨ iwo na yi ni itof' n-ghɨ ìwo ta ghɨ faytɨ kfà'tɨ i lèm ɨ dzɨ àteyn. Ta iwo I to wà faytɨ kfà'tɨ nɨ ìtofi, wà nɨn faytɨ beysɨ sɨ ngeŋ yɨ-à iwo zɨ a iwo I Fɨyìnì nŋi be kûm ìwo na zɨ. Iyeyn nâ yèynì nɨn kelɨ sɨ nà ghɨ bòm ta ifayn ì nɨ ìku zɨ a yi nà ghɨ ni meyn bèbsɨ ìkfâ'tɨ, wa kelɨ kɨ nô sɨ lì ɨlvɨ sɨ jèla mɨdzɨtɨ sɨ kasi sɨ gvì a wa itof ta ka wà na faytɨ tisɨ àyvɨs à kya.	A "rationale" is a "reasoned exposition of principles or statements of reasons; a set of reasoned rules or directions." By mentally tracing out the principles related to a crisis, you are re-explaining to yourself the basic concepts of doctrine that apply to the situation. This is necessary because fear and the accompanying emotions have revolted against thought, and you must take conscious and deliberate steps to reinstate the rightful authority in your soul.
Kì nô si a chfitì, wà kà' a wà kfa'ti gvì gò'sì nì awo a lì a ma ghi fvìsì a Rome 8: 29, 30, "Fììnì fì nin læ meyn lèm na gheli nâ ghì a fì nà n-si ghi ma fi cho'ti meyn fisì Wayn Ŋweyn. Fi n-lèm têyn ta ka Wàyn ŋweyn na ghi Wayn wû àsi antêynì nì woyn-ghînì ghi dvì ki tèyn. Fi n-jaŋ meyn gheli ghì a fi nà si ghi ma fi cho'ti meyn si a ŋweyn a ghêl i fi lèm gheli nâ ghèyn a fi jàŋ si a gheli àtìati, Fi n-lèm tî boŋ gwôtì i fu ibayn I gha'ni-I nì ŋweyn sî àŋena." Wà lì a wà kfa'tì ndù tèyn	You could, for example, think through some conclusions derived from Romans 8:29,30, "For those God foreknew He also predestined to be conformed to the likeness of His Son, that He might be the firstborn among many brothers, and those He predestinated, He also called, those He called, He also justified; those He justified He also glorified." Your thought process might go like this
Sɨ asɨ, "Fɨyìnì fɨ nɨn læ meyn kfà'tɨ kùm mà ɨtu' ɨ mu."	First, "God thought about me in eternity past."
I li, "Wù n-là meyn bà'lì mbà'tì kûm mà itu' i mu yi keli wi finsè'i".	Next, "He designed a perfect plan for me in eternity past."
Tèyn, "Wu fî cho' ma abàs adèŋ a mbà'tɨ nâ ghàyn".	Then, "He chose me for a privileged part in His plan."
Bòm tèyn, Fɨyìnì fɨ lì a fɨ boysɨ ma lvɨyn bòm ta mɨ	Therefore, "God can bless me right now because I

n-kel i ìlan I ŋweyn.	possess His righteousness."
A n-gò'sɨ, "a Fɨyìnì fɨ bosɨ ma kɨ sɨ a mo' iyvɨ.	Finally, "God will bless me forever in Heaven."
Mbaŋi nâ sèynsì a si nin kumi ghi têyn nì ghi lweŋ iye'i ì twâyn ta wu n-gâmtì na ghi kfà'tì a dzi Fìyìnì. Nì nà jelì a dzi nâ ghàyn si nà ye'tî awo a fî a wà si ghi ma wà ye'i men, wà kà' a wà nyaŋsì kèlì àleŋ kì a wà nin ti ateyn a dzî îfu I atem a juŋà nì Fìyìnì fì. Ta wà lî iwo Fìyìnì nì ìbimi-I a wà kasî nà ne'à wi fî ka si ki awo kì ta ki n-ghi.	These simple statements are really a set of five basic doctrines which help restore divine viewpoint thinking. By using this system of concentrating on doctrines which you have already learned, you can immediately recall your place in the overall picture of God's grace. By this faith application of doctrine, you can become stabilized and regain objectivity.
Ghal iwo ateyn	Take control of the situation.
Rome 8: 31, 32 "Ghesìnà ti kà'a ghi fî bè nô na gha kùm àwo nâ kèyn a? Fìyìnì fì ti kæ si nà ti ŋêyn ghesìnà a mo', a læ fî nù yì nda ghesìnà? Fìyìnì fì nin bu læ ghè'ni nò mi si fu Wâyn ì ŋweyn na ghi baynti a ànwàmnì bòm ghesìnà ghì jìm. Yi ti n-dyêyn na wù nì fu nô ìfwo ì jìm sî ghesìnà si ba'si atu nì Wâyn ŋweyn.	Romans 8:31,32, "What conclusion are we forced to face with these things? Since God is for us, Who is against us? Who did not spare His own unique Son, but delivered Him over on our behalf, how shall He not with Him graciously give us all things."
Ghɨ kfà'tɨ gò'sɨ tèyn a mɨntɨmlɨ afêyn a tɨbɨf tɨ àtiati, nî na wà toynɨ antèynɨ àwo ma kɨ tî nà gyî nɨ ifayn ì nɨ ìwulɨ i. Ma wà sɨ ki iwo kɨ ta yi n-ghɨ fî kelɨ ngeŋ ɨ yɨ-à, wà kà' wà faytɨ kitɨ àwo kì a wà nɨn toynɨ ateyn ɨ lì ìcho'nɨ nɨ itof ì yɨ-a, nɨ dzɨ zɨ a wà kitɨ ateyn mèsì nge' àteyn.	These conclusions, stated in these verses as rhetorical questions, enable you to take control of situations which formerly caused fear and anxiety. With objectivity and confidence restored, you can evaluate your circumstances and make the decision or take the action which your own wisdom and discernment dictate as the solution to the problem.
Iwo ateyni kæ sɨ nà to gha' a, ma wà lì wa bû tìsɨ, a wà fi toynɨ kɨmɨ ateyn nɨ ìtofi samsɨ na Bôbo fɨ nɨn mèsì nge' àteyn	Even if the problem is hopeless, completely beyond your control, you can still cope with it by intelligently trusting the Lord for a solution.
No mɨ àlê' iwo I Fɨyìnì kà ta wà we ɨ lèm a wul àntêynɨ nɨ và, wa kà' a wà fvɨsɨ bèsɨ atu, fi lì sɨ kòynɨ no mɨ nɨ ìnkɨ imòm ì kà nɨ nge' a wa nchînɨ.	Any Bible doctrine you have stored in your human spirit can be developed into a rationale to meet a test or crisis in your life.
Ìlvɨ nɨn ko'tɨ gvî a wa nchînɨ na wà na kɨŋ no mɨ ìnki iwo I Fîyìnì ì kà ta wà timî yè'i.	At one time or another you will need every doctrine that you have had an opportunity to learn.
Wà kæ si yeyn ngeŋ ì yi-à, wutî àwo a wa antêynî na ki ghali và ilvi nge', a yi na dêyn na wà bu tî nà ba'tî ngeŋ ì yi-à si asi kûm nge'si ateyn. Imômsi I nin keli si gvì, kesa wà ba'ti meyn ma ngaŋ a.	If you find yourself lacking inner resources in time of crisis, it means that you have not prepared yourself in advance for the testing. Testing will come, ready or not.
Sɨ jèlɨ a mɨdzɨtɨ mɨ ìyvɨtɨ antêynɨ ìbɨmi, wà n-lî kɨ nô ìkfâ'tɨ I Fɨyìnì nɨ ìtof I ŋwen zɨ a yi n-lum ghɨ no mɨ sɨ ɨtu' gha na I na tebtɨ fi tisɨ và.	In using Faith-Rest principles, you are employing the thinking of God and His eternal wisdom as your own guide and counsel.